

Totally Cha Cha

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Malene Jakobsen (DK) - April 2008
音樂: You'll be mine (Single Mix) - Gloria Estefan : (Album: The very best of Gloria Estefan, English Version)



Intro 32 counts from heavy beat, 20 seconds into track

(1-9) Point, hold, step back, lock step , step turn, lock step

1-3 Point R to R side, hold, step back on R
4&5 Step forward on L, lock R behind L, step forward on L
6-7 Step forward on R, turn ½ L – weight ends on L
8&1 Step forward on R, lock L behind R, step forward on R

(10-17) Side rock, behind side cross, side rock, behind, ¼ turn, step

2-3 Rock L to L side, recover onto R
4&5 Cross L behind R, step R to R side, cross L over R
6-7 Rock R to R side, recover onto L
8&1 Cross R behind L, turn ¼ L stepping forward on L, step forward on R

(18-25) Rock step, back lock, back rock with kneepop, shuffle ¼ turn

2-3 Rock forward on L, recover onto R
4&5 Step back on L, lock R in front of L, step back on L
6-7 Rock back on R while popping left knee, recover onto L
8&1 Turn ¼ L stepping R to R side, step L next to R, step R to R side

(26-32) Back rock, chasse, back rock, step ¼ turn

2-3 Rock back on L, recover onto R
4&5 Step L to L side, step R beside L, step L to L side
6-7 Rock back on R, recover onto L
8& Step forward on R, turn ¼ L - weight ends on L

Any cha cha music can be used for this – just roll those hips and enjoy the music
