

El Mundo Bailando

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - April 2008
音樂: El Mundo Bailando - Belle Perez : (CD: Bravo Hits 58)



Very quick start....after 8 counts on chorus vocals

(1-8) R fwd, L fwd rock & recover, L back shuffle, R coaster step, L side touch

1-3 Step R forward, rock L forward, recover weight on R

4&5 Step L back, step R together, step L back

(This can also be a lock step going backwards)

6&7 Step R back, step L together, step R forward

8 Point L toes side left (12 o'clock)

(9-16) L cross step, R side, ¼ L & L side, R cross shuffle, L side, R touch ball step

1-3 Cross step L over R, step R side right, turning ¼ left step L side left

4&5 Cross step R over L, step L side left, cross step R over L

6 Step L side left

7&8 Touch R together, step R back, cross step L over R (3 o'clock)

DURING WALL 4 dance as far as count 16 – the R touch ball step. Now do the following

1-4 Step R side right and sway your hips R, L, R, L with weight ending on L

Start dance again

(17-25) R side, L back rock & recover, ¾ R turn, R & L syncopated fwd cross rocks

1-3 Step R side right, rock L back, recover weight on R

4-5 Turning ¼ right step L side left, turning ½ right step R side right

6&7 Cross rock L over R, recover weight on R, step L together

8&1 Cross rock R over L, recover weight on L, step R together (6 o'clock)

(26-32&) ½ L turn, L coaster step, ¼ pivot L, R sailor step

2-3 Turning ¼ left step forward, turning ¼ left step R back

4&5 Step L back, step R together, step L forward

6-7 Step R forward, ¼ pivot L

8& Step R back, step L side (9 o'clock)

(NOTE: the 3rd step of the sailor is count one as you step forward to begin the dance again)

TAGS: At the END of WALL 1 and WALL 5 (you will be facing L side wall) and WALL 8 (you will be facing front wall) after the first 2 counts of the R sailor:

1-4 Step R side right and sway your hips R, L, R, L with weight ending on L

Start the dance again