

Here & Now 2008

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - April 2008
音樂: Living In The Here And Now - Darryl Worley



Start after 32 count intro

Or Music: Young Girl – Barbados from the CD Rosalita (start 24 counts after the beat kicks in, 2 counts before he sings verse vocals “with all the charms of a woman”).

Also available as download from www.7digital.com

(1-8) Walk fwd 2, R fwd, ½ L pivot turn, R fwd shuffle, L fwd, ¼ R pivot turn

1-2 Step R forward, step L forward
3-4 Step R forward, pivot ½ left
5&6 Step R forward, step L together, step R forward
7-8 L fwd, ¼ R pivot turn (facing 9 o'clock)

(9-16) Weave R 2, L sailor step, weave back 4

1-2 Cross step L over R, step R to side
3&4 Cross step L behind R, step R side, step L side

Restart for Here & Now: On the THIRD rotation of the dance which will start facing front wall – change counts 5-8 to a R jazz box with a ¼ R turn to bring you back to front wall and restart the dance.

Restart for Young Girl: On the 4TH rotation of the dance which will start facing back wall – change counts 5-8 to a R jazz box with a ¼ turn to bring you back to back wall and restart the dance

5-8 Cross step R over L, step L back, step R back, cross step L over R

(17-24) R back, ¼ L & L side, R cross rock & recover, R side shuffle, L cross rock & recover

1-4 Step R back, turning ¼ left step L side (facing 6 o'clock), cross rock R over L, recover weight on L
5&6 Step R side, step L together, step R side
7-8 Cross rock L over R, recover weight on R

(25-32) 2 back step touches, L rock back & recover, L fwd diagonal shuffle

1-4 Step L back, touch R together, step R back, touch L together
5-6 Rock L back, recover weight on R
7&8 On left diagonal (5 o'clock) step L forward, step R together, step L forward

(33-48) Diagonal step touch pattern turning ¼ R and then ½ L, L cross rock & recover, L side shuffle

1-2 On left diagonal step R forward, touch L behind R
3-4 Step L back squaring to wall (6 o'clock), turning to right diagonal step R forward
5-6 On right diagonal (7 o'clock) step L forward, touch R behind L
7-8 Step R back, turning ½ left step L forward (toward diagonal – 1 o'clock)

9-10 On diagonal step R forward, touch L behind R
11-12 Step L back, squaring off to wall (3 o'clock) step R side
13-14 Cross rock L over R, recover weight on R
15&16 Step L side, step R together, step L side

(49-56) Weave R 2, R sailor step, L cross step, ¾ L turn, R fwd

1-2 Cross step R over L, step L side
3&4 Cross step R behind L, step L side, step R side
5-6 Cross step L over R, turning ¼ left step R back

7-8 Turning 1/2 left step L forward, step R forward (facing 6 o'clock)

(57-64) L fwd rock & recover, L back shuffle, walk back 2, R back rock & recover

1-2 Rock L forward, recover weight on R

3&4 Step L back, step R together, step L back

5-8 Step R back, step L back, rock R back, recover weight on L
