

Royal Rock

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sadiah Heggernes (NOR/UK) - March 2008
音樂: Rock 'N' Roll Is King - Electric Light Orchestra : (CD: All Over The World - The Very Best Of)



(32 count intro) – start on vocals

Section 1: Toe Strut Jazz Box, ¼ Turn

1-2 Cross right toe over left, step down on right heel
3-4 Step back on left toe, step down on left heel
5-6 ¼ turn right stepping right toe to right, step down on right heel
7-8 Step forward on left toe, step down on left heel

Section 2: Side Rock, Cross, Clap, x 2

1-2 Rock right to right side, recover weight on left
3-4 Cross right over left, clap
5-6 Rock left to left side, recover weight on left
7-8 Cross left over right, clap 3:00

Section 3: Rock Triple ½ turn, Rocking Chair

1-2 Rock forward on right, rock back on left
3&4 ½ turn right stepping right, left, right
5-6 Rock forward on left, rock back on right
7-8 Rock back on left, rock forward on right 9:00

Section 4: Weave ¼ Turn, Side, Kick

1-2 Cross left over right, step back on right making ¼ turn left
3-4 Step left to left side, cross right over left
5-6 Step left to left side, kick right diagonally right
7-8 Step right to right side, kick left diagonally left 6:00

Tag here during Walls 3 & 6*

1-2 Step back on left, step back on right*
3-4 Step back on left, touch right to right side*

Re-Start dance from beginning*

Section 5: Weave ¼ Turn, Side, Kick

1-2 Cross left over right, step back on right making ¼ turn left
3-4 Step left to left side, cross right over left
5-6 Step left to left side, kick right diagonally right
7-8 Step right to right side, kick left diagonally left 3:00

Section 6: Side, Clap, Close, Side, Clap x 2

1-2 Step left to left side, Clap
&3-4 Close right beside left, step left to left side, clap
5-6 Step right to right side, Clap
&7-8 Close left beside right, step right to right side, clap 3:00

Section 7: Rumba Box, Click

1-2 Step left to left side, close right beside right
3-4 Step forward on left, click fingers
5-6 Step right to right side, close left beside right
7-8 Step back on right, click fingers 3:00

Section 8: Back, Hold, Side, Cross, Hold, ¼ Turn Kick, Knee Pop

1-2 Step back on left, hold

&3-4 Step right to right side, cross left over right, hold

5-6 On ball of left ¼ turn right kicking right forward twice

7-8 Step right to right side pushing left knee forward, push right knee forward

(weight ends on left) 6:00

Big Finish: At end of dance you will be facing 12:00 – throw both arms in the air

Choreographer's Note: The music pauses towards the end of the track, just keep dancing!
