

Wonderful

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 2

級數: Improver / Intermediate Nightclub 2
Step



編舞者: Paul McAdam (UK) - April 2008

音樂: Wonderful - Annie Lennox

Count in: Start 16 counts into track on vocals

(1-8) NIGHTCLUB BASIC LEFT, STEP FULL TURN STEP BACK, BACK LOCK STEP, ROCK BACK ON LEFT

- 1,2& Step left foot to left side, step right foot behind left foot, cross left foot slightly over right foot
3,4& Step forward on right foot, step forward on left foot, pivot a ½ turn right
5,6& Make a ½ turn right and step back on left foot, step back on the right foot, lock left foot in front of right foot
7,8& Step back on right foot, rock back on left foot, recover weight onto right foot

(9-16) 1/2 TURN, SIDE, CROSS, SIDE X2, COASTER STEP, STEP FORWARD

- 1,2& Make a ½ turn right and step back on left foot, step right foot to right side, cross left foot over right
3,4& Step right foot to right side, step left foot to left side, cross right foot over left foot
5,6& Step left foot to left side, step right foot back, step left foot next to right
7,8 Step forward on right foot, step forward on left foot

(17-24) 1/4 TURN, NIGHTCLUB BASICS RIGHT & LEFT, STEP, STEP-PIVOT STEP, FULL TURN TRIPLE STEP

- 1,2& Make a ¼ turn left and step right foot to right side, step left foot behind right foot, cross right foot slightly over left foot
3,4& Step left foot to left side, step right foot behind left, cross left foot slightly over right foot
5,6& Step forward on right foot, step forward on left foot, pivot a ½ turn right
7,8&1 Step forward on left foot, make a ½ turn left and step back on right foot, make a ½ turn left and step forward on left foot, step forward on right foot

(25-32) CROSS SIDE BEHIND SWEEP, BEHIND SIDE CROSS SWEEP, ROCK FORWARD, RECOVER, 1 & ¼ TURNS LEFT

- 2&3& Cross left foot over right foot, step right foot to right side, cross left foot behind right, sweep right foot back
4&5& Cross right foot behind left foot, step left foot to left side, cross right foot over left foot, sweep left foot forward
6,7 Rock forward on left foot, rock back on right foot
8&1 Make a ½ turn left and step forward on left foot, make a ½ turn left and step back on right foot, make a ¼ turn left and step left foot to left side to start the dance again.

START AGAIN AND ENJOY!