

Real Things

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Lotta Andersson (SWE) - March 2008
音樂: Real Things - Joe Nichols : (CD: Real things)



Intro: 8 counts, the dance starts on vocals

Lunge, Shuffle back, Sweep, Pivot $\frac{3}{4}$, Coaster step

1-2 Lunge forward on right, Recover onto left
3&4 Step back on right, Step left beside right, Step back on right
5-6 Sweep left out around and cross behind right, Pivot $\frac{3}{4}$ turn left (weight on right) (3:00)
7&8 Step back on left, Step right beside left, Step forward on left

Point, Point, Behind Side Cross, Pivot $\frac{1}{2}$, Pivot $\frac{1}{4}$, Coaster step

1-2 Point right toe forward, Point right toe to right side
3&4 Step right behind left, Step left to left side, Cross right over left
5-6 Pivot $\frac{1}{2}$ left, Pivot $\frac{1}{4}$ right (weight on left) (12:00)
7&8 Step back on right, Step left beside right, Step forward on right

Step $\frac{1}{2}$ turn, Shuffle forward, Jazz box $\frac{1}{4}$ turn

1-2 Step left forward, pivot $\frac{1}{2}$ turn right (6:00)
3&4 Step forward on left, Step right beside left, Step forward on left
5-8 Cross right over left, turn $\frac{1}{4}$ right stepping back on left , Step right to right side, Cross left over right (9:00)

Chasse right, Cross rock, $\frac{1}{4}$ shuffle turn left, $\frac{1}{2}$ shuffle turn left

1&2 Step right to right side, Step left beside right, Step right to right side
3-4 Cross rock left over right, Recover onto right
5&6 Turn $\frac{1}{4}$ left and step forward on left , Step right beside left, Step forward on left (6:00)
7&8 Turn $\frac{1}{2}$ left and step back on right, Step left beside right, Step back on right (12:00)

Rock back, Point, Point, Sailor $\frac{1}{4}$ turn, Lunge

1-2 Rock back on left, Recover onto right
3-4 Point left toe forward, Point left to left side
5&6 Turn $\frac{1}{4}$ left and cross left behind right, Step right beside left, Step forward on left (9:00)
7-8 Lunge forward on right, Recover onto left

Shuffle back, Sweep, Pivot $\frac{1}{2}$ left, Shuffle forward, Rock step

1&2 Step back on right, Step left beside right, Step back on right
3-4 Sweep left out and around and back, Pivot $\frac{1}{2}$ left (weight on left) (3:00)
5&6 Step forward on right, Step left beside right, Step forward on right
7-8 Rock forward on left, Recover onto right

Behind Side Cross, Point, Hold, Behind Side Cross, Point, Together

1&2 Step left behind right, Step right to right side, Cross left over right
3-4 Point right toe to right side, Hold
5&6 Step right behind left, Step left to left side, Cross right over left
7-8 Point left toe to left side, Step left beside right (weight on left)

Start again and enjoy!!! :