

If I'm In Love?

拍數: 32 牆數: 4 級數: Improver
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音樂: If I'm In Love - David Jordan : (CD: Set The Mood)



Start: Very Quick - Start On Vocals

KICK OUT OUT, POP KNEES & CROSS, SIDE ROCK & CROSS, FULL TRIPLE TURN

- 1 & 2 Kick Right Foot Forward, Step Right To The Right, Step Left To The Left.
& 3 Pop Both Knees Forward To Left Diagonal Lifting Both Heels, Return Knees And Place Heels.
& 4 Step Slightly Back With Left, Cross Step Right Over Left.
5 & 6 Rock Left To The Left, Recover Onto Right, Cross Step Left Over Right.
7 & 8 (Travelling To The Right) Make A Full Turn Left Stepping; Right, Left, Right. (12 O'Clock)
Alternative: The Full Triple Turn Can Be Replace With A Side Chasse
7 & 8 Step Right To The Right, Close Left Up To Right, Step Right To The Right.

TURN 1/4 STEP, TOGETHER, LUNGE, HOOK, STEP LOCK STEP, STEP, 1/2 PIVOT, 1/4 TURN SIDE ROCK

- 1 & Make A 1/4 Turn Left Stepping Back With Left, Step Right Next To Left. (9 O'Clock)
2 Lunge Forward Onto Left Foot Flicking Right Foot Behind Left Leg.
3 Step Back Onto Right Hooking Left Across Right.
4 & 5 Step Forward With Left, Lock Right Behind Left, Step Forward With Left.
6 - 7 Step Forward With Right, Pivot A 1/2 Turn Left. (3 O'Clock)
8 & Make A 1/4 Turn Left Rocking Right To The Right, Recover Onto Left. (12 O'Clock)

CROSS, SIDE, ROCK BACK, 1/4 STEP, 1/4 SIDE STEP, CROSS ROCK, 1/4 STEP, 1/4 SIDE STEP

- 1 - 2 Cross Step Right Over Left, Step Left To The Left.
3 & Rock Back With Right, Recover Onto Left.
4 - 5 Make A 1/4 Turn Left Stepping Back With Right, Make A 1/4 Turn Left Stepping Left To The Left. (6 O'Clock)
6 & Cross Rock Right Over Left, Recover Onto Left.
7 - 8 Make A 1/4 Turn Right Stepping Forward With Right, Make A 1/4 Turn Right Stepping Left To The Left. (12 O'Clock)

SAILOR STEP, BEHIND 1/4 TURN STEP, SAILOR 1/2 TURN, SAILOR 1/2 TURN

- 1 & 2 Cross Step Right Behind Left, Step Left To The Left, Step Right To The Right.
& 3 - 4 Cross Step Left Behind Right, Make A 1/4 Turn Right Stepping Forward With Right, Step Forward With Left. (3 O'Clock)
5 & 6 Make A 1/2 Turn Right Stepping; Right Behind Left, Left Next To Right, Forward With Right. (9 O'Clock)
7 & 8 Make A 1/2 Turn Left Stepping; Left Behind Right, Right Next To Left, Forward With Left. (3 O'Clock)

Start Again

TAG: Danced Once At The End Of Wall 7, Facing 9 O'Clock.

- 1 & Rock Forward With Right Raising Left Heel, Recover Onto Left Placing Heel.
2 & Rock Back With Right Raising Left Toes, Recover Onto Left Placing Toes.

Optional: The Heel And Toe Raising Is Completely Optional.