

Enjoy Yourself

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Beginner
編舞者: BM Leong (MY) - March 2008
音樂: Huan Le Jin Xiao (欢乐今宵)



Intro: 40 counts – start on vocal.

TWIST RIGHT, CLAP, TWIST LEFT, CLAP

1-4 Twist to right side on heels / toes / heels, clap
5-8 Twist to left side on heels / toes / heels, clap

FORWARD TOE STRUTS ON RLRL

1-2 Forward toe strut on right while raising right fist above head
3-4 Forward toe strut on left while raising left fist above head
5-6 Forward toe strut on right while raising right fist above head
7-8 Forward toe strut on left while raising left fist above head

HIP BUMPS RLRLRLRL

1-2 Bump hips right raising right hand & dropping left hand, bump hips left raising left hand & dropping right hand
3-4 Repeat 1-2
5-6 Repeat 1-2
7-8 Repeat 1-2

BACK TOE STRUTS ON RLRL

1-2 Back toe strut on right while raising right fist above head
3-4 Back toe strut on left while raising left fist above head
5-6 Back toe strut on right while raising right fist above head
7-8 Back toe strut on left while raising left fist above head

FORWARD BODY TWIST, BACK BODY TWIST

1-4 Step right forward diagonally twisting and leaning forward slightly
5-8 Recover weight onto left twisting and leaning body backward slightly

TOE STRUT IN PLACE ON RLRL

1-2 Toe strut in place on right while jabbing right fingers forward as in free style swimming
3-4 Toe strut in place on left while jabbing left fingers forward
5-6 Toe strut in place on right while jabbing right fingers forward
7-8 Toe strut in place on left while jabbing left fingers forward

SIDE JUMPS, TOUCHES, 1/4 TURN LEFT SIDE JUMPS, TOUCHES

1-2 Jump right to right side raising right hand & lowering left hand, touch left beside right
3-4 Jump left to left side raising left hand & lowering right hand, touch right beside left
5-6 Turning 1/4 left jump right to right side raising right hand & lowering left hand, touch left beside right
7-8 Jump left to left side raising left hand & lowering right hand, touch right beside left

RIGHT DIAGONAL SHOOP, LEFT DIAGONAL SHOOP

1-2 Step right forward diagonally, step left together
3-4 Step right forward diagonally, brush left forward
5-6 Step left forward diagonally, step right together
7-8 Step left forward diagonally, brush right forward

(Swing both hands forward and back by the side)

RESTART during wall 4 after 48 counts (start dance again facing 3.00)
