

Better In Time

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Elaine Tunnicliffe (UK) - March 2008
音樂: Better In Time - Leona Lewis



(32 count intro)

Step Right, Back Rock, Step Left, Back Rock, Step Behind Turn, Left Lock Step

1 2 & Step right to right side, rock back on left, recover on right
3 4 & Step left to left side, rock back on right, recover on left
5 & 6 Step right to right side, cross left behind right, ¼ turn to right on right
7 & 8 Step forward on left, lock right behind left, step forward on left

Right Mambo Step, Back Lock Step, Sweep Right, Sweep Left, Right Coaster Step

1 & 2 Rock forward on right, recover on left, step back on right
3 & 4 Step back on left, lock right in front of left, step back on left
5 – 6 Sweep right and step back, sweep left and step back
7 & 8 Step back on right, close left to right, step forward on right

Side Rock and Cross, Side Rock and Cross, Step Behind Turn, ½ Pivot and Step

1 & 2 Rock left to left side, recover on right, cross left in front of right
3 & 4 Rock right to right side, recover on left, cross right in front of left
5 & 6 Step left to left side, cross right behind left, ¼ turn to left on left
7 & 8 Step forward on right, pivot ½ turn to left, step forward on right

Full Triple Right, Full Triple Left, Forward Mambo Step, Drag Right and Left

1 & 2 Turn full triple right on left, right, left
3 & 4 Turn full triple left on right, left, right
5 & 6 Rock forward on left, recover on right, step back on left
7 – 8 Drag back on right, drag back on left
