Cleanin' My Gun

拍數: 32

級數: Beginner Plus

編舞者: Lynne Flanders (USA) - March 2008

音樂: Cleaning This Gun (Come on In Boy) - Rodney Atkins

Also:

Ready, Set, Don't Go by Billy Ray & Miley Cyrus (77bpm) Best Mistake I Ever Made by Kevin Fowler (77bpm) Quitters by Collin Raye (79bpm) Love is a Beautiful Thing by Phil Vassar (81bpm) Stronger Women by Jewel (85bpm)

Choreographer's notes: These songs are not well phrased - just keep dancing without tags/restarts - This dance is not symmetrical so that you won't feel it as much. Use any song that you want to try. I like the 2 faster ones better - Have Fun !

Dedicated to the Thibeault family - March 2008

Kick Ball Change, Triple Step Right, Cross Rock Step, Behind & Behind

- 1&2 Kick Right Forward, Step Together on Right Ball, Step Beside with Left
- 3&4 Step Right, Step Together with Left, Step Right
- 5&6 Cross-step Left in Front, Recover Back on Right, Step Back/Left (Keeping angle facing 2:00)
- 7&8 Cross-step Right Behind Left, Step Left, Cross-step Right Behind Left (to face 12:00)

Triple Step Left, Cross Rock Step, Behind & Behind, Stomp Stomp Hitch

- 9&10 Step Left, Step Together with Right, Step Left
- 11&12 Cross-step Right in Front, Recover Back on Left, Step Back/Right (Keeping angle facing 10:00)
- 13&14 Cross-step Left Behind Right, Step Right, Cross-step Left Behind Right (to face 12:00)
- 15&16 Stomp Right Beside Twice (no weight), Hitch (Lift Right Knee)

Back Lock Back, Coaster Step, Forward Lock Forward, Stomp Stomp Hitch

- 17&18 Step Back on Right, Cross-step Left Over Right, Step Back on Right
- 18&20 Step Back on Left, Step Together with Right, Step Forward on Left
- 21&22 Step Forward on Right, Lock-Step Left Behind Right, Step Forward on Right
- 23&24 Stomp Left Beside Twice (no weight), Hitch (Lift Left Knee)

Back Lock Back, Coaster Step, Fwd Lock Fwd, Step Pivot 1/4 Touch

- 25&26 Step Back on Left, Cross-step Right Over Left, Step Back on Left
- 27&28 Step Back on Right, Step Together with Left, Step Forward on Right
- 29&30 Step Forward on Left, Lock-Step Right Behind Left, Step Forward on Left
- 31&32 Step Forward on Right, Turn 1/4 Left Shifting Weight Left, Touch Right Beside

Start Over





牆數:4