

Denial

拍數: 32 牆數: 4 級數: Improver
編舞者: Audrey Watson (SCO) - March 2008
音樂: Denial - Sugababes



Start dance: 16 Count Intro from heavy beat. on vocals. 118BPM

SECTION ONE

POINT HOLD, POINT HOLD, & BACK ROCK, SHUFFLE.

1-2 Point right toe to right side, hold for a beat.
&3-4 Step right next left, point left toe to left side, hold for a beat.
&5-6 Step left next right, rock back on right, recover fwd on left.
7&8 Shuffle fwd on right, left, right.

SECTION TWO

POINT HOLD, POINT HOLD, & CROSS 1/4 TURN, SIDE, DRAG.

1-2 Point left toe to left side, hold for a beat.
&3-4 Step left next right, point right toe to right side, hold for a beat.
&5-6 Step right next left, cross left over right, turn 1/4 left stepping back on right.
7-8 Step left long step to left side, drag right next left.

SECTION THREE

SIDE TOG, BACK COASTER STEP, STEP TWIST, 1/4 TURN, KICK.

1-2 Step right to right side, step left next right.
3&4 Step back on right, step left next right, step fwd on right.
5-6 Step left fwd, on balls on both feet twist 1/4 right.
7-8 On balls on both feet twist 1/4 left, twist 1/4 right kicking right foot fwd.

RESTART DANCE HERE ON WALL 2

SECTION FOUR

BACK ROCK, KICK BALL STEP, STEP 1/4, STEP, CROSS, POINT.

1-2 Rock back on right, recover fwd on left.
3&4 Kick right foot fwd, step down on right, step fwd on left.
5-6 Step fwd on right, pivot 1/4 left.
7-8& Cross right over left, point left to left side, step left next right.

START AGAIN