

# Slow Down Baby

**COPPER** KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Ryan Wareing (UK) - March 2008  
音樂: Slow Down Baby - Christina Aguilera : (Album: Back to Basics)



## Start on vocals

### ROCK, RECOVER, OUT, OUT SHOULDER POPS, BALL CROSS, SIDE, TRIPLE FULL TURN, SIDE.

- 1,2,      Rock back on right foot, recover weight on to left foot.
- &3,      Step right to right side, step left foot to left side.
- &4,      Pop right shoulder, pop left shoulder.
- &5,6,      Step right foot next to left foot, cross left foot over right, step right foot to right side.
- 7&8,      Triple full turn over left shoulder stepping left, right, left.
- &      Step right foot to right side.

### BEHIND, SIDE, HEEL, BALL CROSS, SIDE, HEEL, BALL, TOUCH, TOUCH, SALIOR ½ TURN.

- 1&2,      Step left foot behind right, step right to right side, touch left heel to left side,
- &3,      Step left foot to left side, cross right foot over left,
- &4,      Step left foot to left side, touch right heel to right side.
- &5,6,      Step right foot to right side, touch left toe forwards, touch left toe to left side.
- 7&8,      ½ turn over left shoulder stepping left, right, left. (6 o'clock)

### RESTART on 5th wall end of this section (1st 16 counts)

### SIDE, TOGETHER, CROSS SHUFFLE, ½ OUT, OUT, BOUNCE, BOUNCE.

- 1, 2,      Step right foot to right side, step left foot next to right foot.
- 3&4,      Cross right foot over left foot, step left foot to left side, cross right foot over left foot.
- 5,      ¼ turn over left shoulder stepping left foot to left side (9 o'clock).
- 6,      Step right foot to right side.
- 7, 8,      Roll hips anti-clockwise twice while bending your knees during each rotation. (transfer weight on to your left foot)

### BALL CROSS, KICK BALL CROSS, ROCK AND CROSS, TURN ¼, TURN ½, TURN ½

- &1      Step right foot next to left, cross left foot over right.
- 2&3      Kick right foot to the diagonal, step right foot to right side, cross left foot over right.
- 4&5      Rock right foot to right side, recover weight on to left foot, cross right foot over left.
- 6,      ¼ turn over left shoulder step left foot forward. (12 o'clock)
- 7,      ½ turn over left shoulder step back on the right. (6 o'clock)
- 8,      ½ turn over left shoulder step left foot forward. (12 o'clock)

### RIGHT SHUFFLE, ROCK RECOVER ¼, BEHIND SIDE CROSS, HIP BUMPS X2 WITH A SIDE

- 1&2,      Step right foot forward, step left foot next to right, step right foot forward.
- 3&,      Rock forward on the left foot, recover weight on to right foot,
- 4,      ¼ turn over left shoulder stepping left foot to left side. (3 o'clock)
- 5&6,      Step right foot behind left, step left foot to left side, cross right foot over left.
- 7&8,      Bump hips left, right, left – stepping left foot to left side.

### ROCK RECOVER ¼, STEP 1/2 PIVOT, KICK, BALL, TOUCH, BALL, SIDE ROCK RECOVER STEP.

- 1&,      Rock forward on the right foot, recover weight on left.
- 2,      ¼ turn over right shoulder step right foot forward.
- 3, 4      Step left foot forward, ½ pivot turn over right shoulder, weight on to right. (6 o'clock)
- 5&6      Kick left foot forward, step left foot next to right, touch right toe next to left foot.
- &7      Step right foot next to left, rock left foot to left side.

&8 Recover weight on right, step left foot next to right.

**START AGAIN**

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