

Rumba Macumba

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Dancin' Mamas (SWE) - February 2008
音樂: Un Corazon - Chelo



Starts on main vocal (32 counts)

Kick & Point, Sway ¼, Kick Back Rock, Kick Back Rock

1&2 Kick right foot forward, step down on right, Point left to left side
3&4 Sway left , sway right while turn ¼ left, step down on left foot
5&6& Kick right foot forward, cross right over left, rock left diagonally back, recover on right
7&8& Kick left foot forward, cross left over right, rock right diagonally back, recover on left Now facing 9 O'clock)

Heel Grind, Cross Side Cross,Samba Shuffle1/4, Shuffle ½

1-2 Cross right heel over left take weight on right, step left to left side
3&4 Cross right over left, step left to left, Cross right over left(it's not a shuffle)
5&6 Shuffle in place ¼ turn right(push tush back)
7&8 Forward shuffle ½ right (Now facing 6 O'clock)

Left Mambo, Right Mambo, Heel Grind ¼, Coaster step

1&2 Left Mambo forward
3&4 Right Mambo back
5-6 Cross left heel over Right, grind heel 1/4 turn to left as you step back on Right
7&8 Left coaster step (Now facing 3 O'clock)

Right Cross Samba, Left Cross Samba, Hip Bumps Turn ½ (Twice)

1&2 Cross right over left, step left next to right raising heels, make 1/8 turn to right (drop heels, weight on right)
3&4 Cross left over right, step right next to left raising heels, make 1/8 turn to left (drop heels, weight on left,count1-4 moving forward)
5&6 Bump right hip forward, recover on left turning ¼ left, bump right hip ¼ left stepping back on right
7&8 ¼ turn left as you bump left hip to the side, recover on right, bump left forward turning ¼ left (Now facing 3 O'clock)

Toe & Heel & Touch, Out, Out. Back Rock Side, Back Rock Ride

1&2& Touch right toe next to left foot. Step down on right, touch left heel forward, step left beside right
3&4 Touch right toe next to left foot, stomp forward on right, stomp forward on left,(feet apart)
5&6 Cross rock right behind left, recover on left, step right to right side
7&8 Cross rock left behind right, recover on right step left to left side
(on count 5-8, feel free to wave your hands in the air)

Step Turn Step, Rumba Forward, Rumba Back, Back, Back

1&2 Step forward on right, ½ turn left hook left foot,big step forward on left
3&4 Step right to right side, left together, step forward on right
5&6 Step left to left side, Right together, step back on left
7-8 Step right back , Left back, (ronde front to back as you take the steps)

Count7-8 push palms forward (Now facing 9 O'clock)

Right Mambo, Kick & Point, Dip step, Weave

1&2 Rock right foot back, recover on left, step right forward

- 3&4 Kick left foot forward, step down on left, Point right to right side
5-6 Step right behind left (bending knees) step left to left side
7&8 Cross right over left, left to left side, cross right behind left (Now facing 9 O'clock)

Samba Full Turn 1 $\frac{1}{4}$ Left, Mambo $\frac{1}{2}$,Mambo $\frac{1}{2}$

- 1&2&3&4 Step left, right, left, right, left, right, left turning in a left circle turning 1& $\frac{1}{4}$
5&6 Rock forward on right, recover on left, $\frac{1}{2}$ turn right step forward on right
7&8 Rock forward on left, recover on right, $\frac{1}{2}$ turn left step forward on left (Now facing 6 O'clock)

Tag: after wall 1 & 2

Samba Turn (twinkle turn)

- 1&2 Step right foot forward to left diagonal , step left next to right turning 1/4 right, step right to right side(push tush forward)
3&4 Step left foot behind right, step right next to left turning 1/4 right, step left to left side (push tush back)
5&6 Step right foot forward to left diagonal , step left next to right turning 1/4 right, step right to right side(push tush forward)
7&8 Step left foot behind right, step right next to left turning 1/4 right, step left to left side (push tush back)

It is a complete full turn.
