

Moody Blue

拍數: 64 牆數: 4 級數: Intermediate Rumba
編舞者: Steve Mason (UK) - February 2008
音樂: Moody Blue - Elvis Presley : (CD: Always On My Mind)



(16) COUNT INTRO (8 from Heavy drum beat) CW Rotation

GRAPEVINE RIGHT, CROSS, RUMBA BOX

1-2 Step right foot to right side, cross step left foot behind right foot, (12)
3-4 Step right foot to right side, cross step left foot over right foot,
5-6 Step right foot to right side, step left foot next to right foot,
7-8 Step back on right foot, touch left foot next to right foot

GRAPEVINE LEFT, CROSS, RUMBA BOX

9-10 Step left foot to left side, cross step right foot behind left foot,
11-12 Step left foot to left side, cross step right foot over left foot,
13-14 Step left foot to left side, step right foot next to left foot,
15-16 Step forward on left foot, brush right foot forward

ROCK FORWARD, RECOVER, 1 / 2 TURN RIGHT STEP, HOLD, STEP, LOCK, STEP, BRUSH,

17-18 Rock step right foot forward, recover weight to left foot,
19-20 Make 1 / 2 turn right stepping forward on right foot, hold (6)
21-22 Step forward on Left foot, lock step right foot behind left foot,
23-24 Step forward on left foot, brush right foot forward

Alternative:

21-22 Make 1 / 2 turn right stepping back on left foot (12), Make 1 / 2 turn right stepping forward on right foot (6)

RIGHT FORWARD MAMBO, LEFT BACK MAMBO

25-26 Step forward on right foot, recover weight to left foot,
27-28 Step right foot slightly back, hold
29-30 Step back on left foot, recover weight to right foot,
31-32 Step left foot slightly forward, hold

ROCK FORWARD, RECOVER, 1 / 4 TURN, HOLD, STEP, 1 / 2 PIVOT, STEP, BRUSH

33-34 Rock step forward on right foot, recover weight to left foot,
35-36 Make 1 / 4 turn right stepping right foot to side, hold, (9)
37-38 Step forward on left foot, pivot 1 / 2 turn right,,
39-40 Step forward on left foot, brush right foot forward (3)

STEP, LOCK, STEP, BRUSH, STEP, TOUCH, STEP, KICK

41-42 Step forward on right foot, lock step left foot behind right foot,
43-44 Step forward on right foot, brush left foot forward
45-46 Step forward on left foot, touch right foot behind left foot,
47-48 Step back on right foot, Low Kick left foot forward

STEP, LOCK, STEP, KICK, STEP, TOUCH, STEP, BRUSH

49-50 Step back on left foot, lock step right foot over left foot,
51-52 Step back on left foot, low kick right foot forward,
53-54 Step back on right foot, touch left foot in front of right foot,
55-56 Step forward on left foot, brush forward with right foot

STEP, LOCK, STEP, HOLD, SWAY LEFT, RIGHT, LEFT, TOUCH

57-58 Step forward on right foot, lock step left foot behind right foot,,
59-60 Step forward on right foot, hold
61-62 Step left foot to left side swaying hips, sway hips right,
63-64 Sway hips left, Touch right toes next to left foot

Start again & have fun

TAG:-WHEN USING ELVIS VERSION ONLY

At end of second wall facing the back, replace counts 61-64 adding 4 extra counts(Hip sways)

61-64 Step left foot to left side swaying hips, sway hips right, Sway hips left, sway hips right
65-68 Sway hips left, sway hips right, Sway hips left, Touch right toes next to left foot
