Good to be us

拍數: 32   牆數: 2   級數: Improver

編舞者: Darren Bailey (UK) & Lana Williams (UK) - March 2008

音樂: It's Good To Be Us - Bucky Covington : (Start on Lyrics)

Shuffle R, Rock, Recover, 1/4 turn R shuffle L, 1/4 turn R shuffle R

1&2	Step Rf to R side, close Lf next to Rf, step Rf to R side
3-4	Rock back onto Lf, recover onto Rf
5&6	Make a 1/4 turn R stepping Lf to L side, close Rf next to Lf, step Lf to L side
7&8	Make a 1/4 turn R Stepping Rf to R side, close Lf next to Rf, step Rf to R side

Touch L, Replace, Touch R, Replace, Kick L, Kick R, Rock forward, recover

1-2	Touch L toe forward and slightly across Rf, place Lf next to Rf
3-4	Touch R toe forward and slightly across Lf, place Rf next to Lf
5&6&	Kick Lf across Rf, place Lf next to Rf, Kick Rf across Lf, place Rf next toLf
7-8	Rock forward onto Lf, recover onto Rf

Shuffle back L, Rock, Recover, Shuffle forward R, 1/4 turn R, 1/2 turn R

1&2	Step back on Lf, close Rf next to Lf, step back on Lf
3-4	Rock back onto Rf, recover onto Lf
5&6	Step forward on Rf, close Lf next to Rf, step forward on Rf
7-8	Make a 1/4 turn R stepping Lf to L side, make a 1/2 turn R stepping Rf to R side

Cross rock , Recover, 1/4 turn Shuffle L, Step forward, 1/2 turn L, R kick ball change

1-2	Cross rock Lf over Rf, recover onto Rf
3&4	Step Lf to L side, close Rf next to Lf, make a 1/4 turn L stepping forward on Lf
5-6	Step forward on Rf, make a 1/2 turn L (weight ends on Lf)
7&8	Kick Rf forward, place Rf next to Lf, place Lf next to Rf

Restart is on the 4th wall facing front, Half way through the dance. Replace counts (7-8 Rock forward onto Lf, recover onto Rf) with (7-8 Step forward on Lf, touch R toe next to Lf.)

Enjoy and dance and enjoy the song!!!!