

Simplemente

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) - October 2005
音樂: Simplemente - Chayanne : (CD: Simplemente)



Alt Music: Could I Have This Kiss Forever by Whitney Houston & Enrique Iglesias

FORWARD ROCK AND STEP BACK, BACK ROCK AND STEP FORWARD, FORWARD ROCK & ½ TURN, FORWARD LOCK STEP

1&2 Rock forward on right, rock back onto left, step back right
3&4 Rock back on left, rock forward onto right, step forward left
5& 6 Rock forward on right, rock back onto left (starting turn), ½ turn right stepping forward on right
7&8 Step left forward, lock step right behind left, step left forward

STEP, PIVOT ½ TURN, ½ TURN LEFT STEPPING BACK, COASTER STEP, ROCK FORWARD, BACK, CROSS, STEP BACK, SIDE, CROSS

1&2 Step forward on right, pivot ½ left, turn ½ left stepping back on right
3&4 Step left back, step right next to left, step left forward
5&6 Rock forward on right, step left diagonally back left, (angling body to left diagonal), Cross step right over left.
7&8 Step left diagonally back left, step right to right side, (straightening back up to back wall), cross step left over right

CHASSE RIGHT, SWAY LEFT AND RIGHT, CHASSE LEFT WITH ¼ TURN LEFT, STEP, PIVOT ½ LEFT

1&2 Step right to right side, step left next to right, step right to right side.
3-4 Step left to left side swaying hips left, sway hips right
5&6 Step left to left side, step right next to left, turn ¼ left stepping left forward
7-8 Step right forward, pivot ½ turn left

FORWARD LOCK STEP, CROSS, SIDE, BACK, SWEEP BACK, SIDE, STEP FORWARD, FORWARD LOCK STEP

1&2 Step right forward, lock step left behind right, step right forward
3&4 Cross step left over right, step right to right side, step back on left
5&6 Sweep right round to cross behind left, step left to left side, step right forward
7&8 Step left forward, lock step right behind left, step left forward