

Take A Look

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bracken Heidenreich (USA) - March 2008
音樂: The Tracks of My Tears - Dolly Parton : (CD: Backwoods Barbie)



WALK, WALK, WALK, SHUFFLE FORWARD, ROCK STEP, LOCKING SHUFFLE BACK

1,2,3 Step Left forward; Step Right forward; Step Left forward
4 & 5 Step Right forward; & Close Left next to right; Step Right forward
6,7 Rock Left forward; Recover to Right
8 & 1 Step Left backward; & Lock Right across left; Step Left backward

TURN 1/4 SWAY, SWAY, SHUFFLE SIDE, CROSS UNWIND (face diagonal), SHUFFLE SIDE (to corner)

2,3 Make 1/4 turn right and step Right to right side with sway to right; Sway to Left
4 & 5 Step Right to right side; & Close Left next to right; Step Right to right side
6,7 Touch Left over right; Unwind 7/8 to the right, ending with weight on Right and body facing 1:30
8 & 1 Step Left to left side (toward 10:30); & Close Right next to left; Step Left to left side

CROSS, SIDE, CROSS BACK OUT (square to 3:00), WALK, WALK, SHUFFLE FORWARD

2,3 Step Right across (in front of left) still traveling toward 10:30; Step Left to left side
4 & 5 Step Right across (in front of left); & Make 1/8 turn right and step Left backward; Step Right to right side (facing 3:00 now)
6,7 Step Left forward; Step Right forward
8 & 1 Step Left forward; & Close Right next to left; Step Left forward

ROCK, RECOVER, *SHUFFLE-WALK-WALK-SHUFFLE* (making full circle right)

2,3 Rock Right forward; Recover to Left

Over these last counts of the dance, make a full circle to the right:

4&5,6,7,8& As you turn: Step Right forward; & Close Left next to right; Step Right forward; Step Left forward; Step Right forward; Step Left forward; & Close Right next to left

Begin Again!

TAG (danced 3 separate times; sequencing: 32, 32, tag, 32, 32, tag, 32, 32, tag, 32 'til the end)

2,3 Rock Right forward; Recover to Left
4 & 5 Step Right backward; & Close Left next to right; Step Right backward
6,7 Rock Left backward; Recover to Right
8 & Step Right forward; & Close Left next to Right
