The Time Between



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Susanne Oates (UK) - March 2008 音樂: From Time to Time - Rascal Flatts



(16 Count intro)

// A) AIDE			
(1-8) SIDE.	. IOGETHER.	CROSS SHUFFLE	. GRAPEVINE. RONDE.

1 2 Step right to right side. Step left beside right.

3& 4 Cross right over left. Step left to left side. Cross right over left.

5 6 Step left to left side. Step right behind left.

7 8 Sweep left from front to back. Step left behind right.

(9-16) SWAY. CHASSE RIGHT. CROSS ROCK. SAILOR 1/4 TURN LEFT.

1 2 Sway right. Sway left.

11&12 Step right to right side. Step left beside right. Step right to right side.

13 14 Rock left over right. Recover onto right.

15&16 Step left behind right. Turn ¼ left, stepping right beside left. Step left to left side.

(17-24) ROCK FORWARD. FULL TURN BACK. STEP BACK. TOUCH. SHUFFLE FORWARD.

1 2 Rock right forward. Recover onto left.

19 20 Turn ½ right, stepping right forward. Turn ½ right, stepping left back.

21 22 Step back on right. Touch left toe in front of right.

23&24 Step left forward. Step right beside left. Step left forward. (Easier Option: Steps 19 & 20 may be replaced by walking back right, left.)

(25-32) CROSS ROCK. TRIPLE 1 1/4 TURN RIGHT. PIVOT 1/4 RIGHT. CROSS SHUFFLE.

1 2 Rock right over left. Recover onto left.

27&28 Turn ¼ right, stepping right forward. Turn ½ right, stepping left back. Turn ½ right, stepping

right forward.

29 30 Step left forward. Pivot ¼ turn right, weight on right.

31&32 Cross left over right. Step right to right side. Cross left over right.

(Easier Option: Steps 27&28 may be replaced with Step right to right side. Step left beside right. Turn ¼ right, stepping right forward.)