

# Rocks In Your Shoes

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kathy Brackett (USA) - March 2008  
音樂: Rocks In Your Shoes - Emily West



## RIGHT & LEFT TOE STRUTS, RIGHT KICK BALL CHANGE, SIDE ROCK

1-2      Touch right toe forward, step down on right  
3-4      Touch left toe forward, step down on left  
5&6      Kick right, step on right, step on left (right kick ball change)  
7-8      Rock right to right side, recover onto left

## RIGHT & LEFT TOE STRUTS, RIGHT KICK BALL CHANGE, STEP, QUARTER

1-2      Touch right toe forward, step down on right  
3-4      Touch left toe forward, step down on left  
5&6      Kick right, step on right, step on left (right kick ball change)  
7-8      Step forward right, pivot ¼ turn to left (9:00)

**RESTART: Restart here during 4th repetition**

## TWO JAZZ BOXES WITH SCUFF

1-2      Cross right over left, step back left  
3-4      Step right to right side, scuff left forward  
5-6      Cross left over right, step back right  
7-8      Step left to left side, scuff right forward

## LONG STEPS FORWARD & BACK WITH DRAGS & HIPS

1-2      Step big step forward right at angle, drag left up to right  
3      Rock back slightly with left at angle throwing hips back left  
4      Rock right forward throwing hips forward right at angle  
5-6      Step big step back left at angle, drag right back to left  
7      Rock forward right at angle throwing hips forward right  
8      Rock back onto left throwing hips back left at angle

**REPEAT**

**RESTART: Restart on fourth wall (3:00) after 16 counts (facing 12:00)**