

Big, Blonde & Beautiful

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Donna White (USA) - February 2008
音樂: Big, Blonde and Beautiful - Queen Latifah : (CD: Hairspray Movie Soundtrack)



WALK FORWARD RIGHT, LEFT, RIGHT, LEFT, SWAY RIGHT, TOUCH TOE, SWAY LEFT TOUCH TOE

1-4 Walk forward right, left, right, ending with weight on left
5-6 Sway right hip to right side, touch left toe to left
7-8 Sway left hip to side, touch right toe to right side

Option: while swaying bring hands up and when pointing toe snap fingers at sides

SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT, ROTATE HIPS ¼ LEFT TURN TWICE

1&2 Shuffle back right, step back left beside right, step back right
3&4 Shuffle back left, step back right beside left, step back right
5-6 Step forward slightly right and rotate hips ¼ turn left
7-8 Step forward slightly right and rotate hips ¼ turn left

CROSSING FORWARD TOUCH TWICE, JAZZ JUMP FORWARD & BACK

1-4 Cross right over left, touch left toe to left side, crossing left over right, touch right toe to right side
&5-6 Step forward slightly right, bring left foot beside right (slightly apart) & clap
&7-8 Step back slightly right, bring left foot beside right (slightly apart) & clap

VINE RIGHT WITH ¼ TURN LEFT, LARGE STEP FORWARD LARGE STEP SIDE

1-4 Step right to side, cross left behind right, turn ¼ left stepping back right, touch left beside right
5-6 Large step forward with left foot, drag right beside left, while shimmy shoulders
7-8 Large step to right side, dragging left beside right, while shimmy shoulders
