

# My Life Again

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Brett Jenkins (AUS) & Stephen Paterson (AUS) - February 2008  
音樂: My Life Again - The McClymonts : (Album: Chaos & Bright Lights)



Starts after a 32 count intro with weight on the L foot

## Step, Kick Ball Side Rock/Replace, Behind, Side, Across, ¼ Back, Tap Back

1,2&      Step R forward, Kick L forward, Step ball of left beside R (&)  
3, 4      Rock/Step R out to R side, replace weight onto L  
5&6      Cross R behind L, step L to L side, cross R over L  
7, 8      Turn ¼ right then step back onto L, tap R toes back

## Side Rock/Replace, Cross, Side Rock/Replace, Cross, Point R, ¼ Together, Kick Ball Step

1&2      Rock/step R out to R side, replace weight on L (&), Step R over L  
3,4&      Rock/step L out to L side, replace weight on R, Step L over R (&)  
5,6      Point R to R side, turn ¼ right then step R beside L  
7&8      Kick L forward, step ball of L slightly back (&), step R in place

## Walk, Walk, Rock/Replace, Back, Lock, Back, R Coaster

1,2, 3, 4      Step L forward, Step R forward, Rock/step L forward, replace weight on R  
5&6      Step L back, Lock R back over L (&), Step L back  
7&8      Step R back, Step L beside R (&), Step R forward

## Rock/Replace, ½ Shuffle Left, Side Rock/Replace, Across, Side

1,2      Rock/step L forward, replace weight on R  
3&4      Shuffle ½ L stepping L-R-L, (\*\*\*)  
& 5,6,7      Rock/Step R to R (&), replace weight on L, step R across L, Step L to L side

## R Sailor, Heel Ball Step, Scuff, Step Pivot ½ R, Shuffle Fwd L

8&1      Step R behind L, Rock/step L to L side (&), replace weight on R  
2&3      Tap L heel forward, step ball of L beside R (&), step R forward  
4      Scuff L heel beside R  
5,6      Step L forward, pivot ½ R on to R  
7&8      Step L forward, step R together (&), step L forward (###)

## Step together, Rocking Chair, Forward, Tap, Shuffle Back

& 1,2      Step R beside L (&), Rock/step L forward, replace weight on R  
3,4      Rock/step L back, replace weight on R  
5,6      Step L forward, tap R behind L  
7&8      Step R back, step L together (&), step R back

## Touch Back, Pivot ½, Coaster, Cross, Touch, Cross Samba

1,2      Touch L back, Pivot ½ L onto R,  
3,4      Step L back, step R beside L (&), step L forward  
5,6      Cross R over L, touch L out to L side  
7&8      Cross L over R, Rock/step R to R (&), replace weight on L

## Cross, Touch, Cross Samba, Walk, Walk, Half Touch, Hold

1,2      Cross R over L, touch L out to L side  
3&4      Cross L over R, Rock/step R to R (&), replace weight on L  
5,6      Step R forward, step L forward

7,8 Turn half R touch R beside L, hold

(48 beats).Restart dance from beginning.

**RESTART:** On wall 2 dance to count 28 (\*\*\*) then restart from the beginning facing 6:00.

On wall 3 dance to count 40 (###) then restart from the beginning facing 12.00

On wall 5 dance to count 28 (\*\*\*) then restart from the beginning facing 6.00

On wall 7 dance to count 28 (\*\*\*) then ADD the following 4 counts:

1,2,3,4 Step forward R, pivot  $\frac{1}{2}$  L on to L, Step forward R, pivot  $\frac{1}{2}$  on to L, then restart from the beginning facing 12.00.

**FINISH:** On wall 8 dance to count 48 then turn  $\frac{1}{2}$  L and step forward onto L

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