Ain't No Crime

拍數: 32

級數: Intermediate

編舞者: Joey Prieur (CAN) - March 2008

音樂: It Ain't No Crime - Joe Nichols

ROCK BACK, RECOVER, TRIPLE STEP, ROCK BACK, RECOVER, TRIPLE TURN ¼ RIGHT

- 1-2 Rock right behind left, recover on left (12:00)
- 3&4 Triple step in place, right, left, right.
- 5-6 Rock left behind right, recover on right
- 7&8 Triple step in place turning 1/4 right, left, right, left. (3:00)

ROCK BACK, RECOVER, SHUFFLE FORWARD, ½ PIVOT TURN, SHUFFLE FORWARD

- 1-2 Rock right behind left, recover on left
- 3&4 Shuffle forward, right, left, right
- 5-6 Step forward on left, pivot ¹/₂ turn right (9:00)
- 7&8 Shuffle forward, left, right, left

ROCK FORWARD, RECOVER, SHUFFLE BACK 3X

- 1-2 Rock forward on right, recover on left
- 3&4 Shuffle going back, right, left, right
- 5&6 Shuffle going back, left, right, left
- 7&8 Shuffle going back, right, left, right

Altenative for last 6 counts: do a full turn during 3 shuffles backward

ROCK BACK, RECOVER, LEFT TOE FORWARD TOUCH WITH BUMPS, RIGHT TOE FORWARD WITH BUMPS, ROCK, RECOVER, TURN ¼ LEFT

- Rock back on left, recover on right 1-2
- 3&4 Touch left toe forward, bump hips and put weight down on left
- 5&6 Touch right toe forward, bump hips and put weight down on right
- 7&8 Rock forward on left, recover on right, step left to side with 1/4 turn left (6:00)

Repeat and enjoy





