

The But Dance

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karen Hedges (USA) & Jamie Marshall (USA) - March 2008
音樂: I Like Her But, She Don't Like Me - Matt Steel



(16 Count Intro)

(1-8) R KICK, BALL, STEP, SAILOR STEP, STEP, ¼ R, TWISTS

1&2 Kick R forward (1), Step (ball of foot) R to R (&), Step L to L (2) (12:00)
3&4 Cross R behind L (3), Step L to L (&), Step R to R (4) (12:00)
5,6 Step L forward (5), Turn ¼ R, place R next to L (leave weight on L) (6) (3:00)
7&8 Twist to L (7), Twist to R (&), Recover to center (8) (Weight on L) (3:00)

(9-16) STEP R DIAGONALLY FORWARD AS ROLL HIPS, STEP L NEXT TO R, REPEAT WITH TOUCH, STEP L DIAGONALLY FORWARD AS ROLL HIPS, STEP R NEXT TO L, REPEAT WITH TOUCH

1,2 Roll hips R as step diagonally forward on R (1), Step L next to R (2) (3:00)
3,4 Roll hips R as step diagonally forward on R (3), Touch L next to R (4) (3:00)
5,6 Roll hips L as step diagonally forward on L (5), Step R next to L (6) (3:00)
7,8 Roll hips L as step diagonally forward on L (7), Touch R next to L (8) (3:00)

(17-24) R ROCK, RECOVER, COASTER STEP, L ROCK, RECOVER, COASTER STEP

1,2 Step R forward (17), Recover onto L (18) (3:00)
3&4 Step R back (19), Step L next to R (&), Step R forward (20) (3:00)
5,6 Step L forward (21), Recovery onto R (22) (3:00)
7&8 Step L back (23), Step R next to L (&), Step L forward (24) (3:00)

(25-32) HIPS ROLLS COUNTER-CLOCKWISE, TURNING ¼, TRIPLE R, ROCK, RECOVER

1,2 Step R forward as roll hips counter-clockwise, turning 1/8 to L (25), Step L in place as complete roll (26)
3,4 Step R forward as roll hips counter-clockwise, turning 1/8 to L (27), Step L in place as complete roll (28)
5&6 Step R to R (29), Step L next to R (&), Step R to R (30) (12:00)
7,8 Rock L back (31), Recover onto R (32) (12:00)

(33-40) VINE L, TURNING ¼ L, HANDS ON HIP, HIP ROLL COUNTER-CLOCKWISE

1,2 Step L to L (33), Cross R behind L (34)
3,36 Turn ¼ L, stepping L to L (35), Step R to R (36) (feet shoulder width apart) (9:00)
5,6 Place R hand on R hip (37), Place L hand on L hip (38) (9:00)
7,40 Roll hips counter-clockwise (full circle L around) (9:00)

(41-48) R STEP, TOUCH & HEEL & TOUCH, L STEP, TOUCH & HEEL & TOUCH

1,2&3 Step R forward (41), Touch L next to R (42), Step L back (&), Extend R heel forward (43) (9:00)
&4 Step R next to L (&), Touch L next to R (44) (9:00)
5,6&7 Step L forward (45), Touch R next to L (46), Step R back (&), Extend L heel forward (47) (9:00)
&8 Step L next to R (&), Touch R next to L (48) (9:00)

"BONUS STEPS" (only AFTER 1st wall)

1,2,3,4 Walk forward R (1), L (2), R (3), Kick L forward (4) (9:00)
5,6,7,8 Walk back L (5), R (6), L (7), Touch R next to L (8) (9:00)

"RESTARTS"

Wall 3 Restart directly AFTER vine (no hands on hips) (Count 36 will be touch instead of step...get ready to kick R forward)

Wall 4 Restart AFTER counter-clockwise hip roll – Count 40
