

Worry B Gone

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BY STEPHEN B. B. B.

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Pepper Siquieros (USA) - February 2008
音樂: Worry B Gone - Willie Nelson & Kenny Chesney : (CD: Moment Of Forever)



STEP FORWARD, SWIVEL ¼ LEFT, SWIVEL ¼ RIGHT, KICK, LEFT COASTER STEP, WALK, WALK

- 1-4 Small step right forward, twist body ¼ turn left (weight left), twist body ¼ turn right (weight right), kick left forward
5&6 Step back on left, step right next to left, step forward left
7-8 Step forward right-left

KICK-BALL-CHANGE ¼ TURN LEFT TWICE, RIGHT SIDE SHUFFLE, LEFT BACK ROCK/RECOVER

- 1&2 Kick right forward, make ¼ turn left stepping ball of right next to left, shift weight to left (9:00)
3&4 Kick right forward, make ¼ turn left stepping ball of right next to left, shift weight to left (6:00)
5&6 Side shuffle to right side stepping right, left, right
7-8 Rock back on left, recover forward to right

MAKE ¼ TURN TWICE, CROSS SHUFFLE, ¼ TURN, STEP FORWARD, PIVOT ½ INTO FORWARD SHUFFLE

- 1-2 Make ¼ turn right stepping back on left (9:00), make ¼ turn right stepping side on right (12:00)
3&4 Crossing shuffle left over right to right side (left, right, left)
5-6 Make ¼ turn right stepping forward on right, step forward on left (3:00)
7&8 Pivot ½ right into forward right shuffle (right, left, right) (9:00)

LEFT KICK STEP-TOUCH, RIGHT KICK STEP-TOUCH, TOUCH FRONT-SIDE, ½ TURN SAILOR STEP

- 1&2 Kick left forward, step down on left, touch right to right side
3&4 Kick right forward, step down on right, touch left to left side
5-6 Touch left forward and across right, touch left to left side
7&8 Make ½ turn left sailor step crossing left behind right, step right, step left (3:00)

RIGHT WIZARD, LEFT WIZARD, ROCK/RECOVER, ½ TURN RIGHT SHUFFLE

- 1-2& Step right forward on right angle, step ball of left behind right, step right to right side and start to angle body left
3-4& Step left forward on left angle, step ball of right behind left, step left to left side and angle body forward
5-6 Rock forward on right, recover back on left
7&8 Make ½ turn left and shuffle forward right, left, right (9:00)

LEFT WIZARD, RIGHT WIZARD, ROCK/RECOVER, ½ TURN LEFT SHUFFLE

- 1-2& Step left forward on left angle, step ball of right behind left, step left to left side and start to angle body right
3-4& Step right forward on right angle, step ball of left behind right, step right to right side and angle body forward
5-6 Rock forward on left, recover back on right
7&8 Make ½ turn left and shuffle forward left, right, left (3:00)

STEP FORWARD, KICK, KICK, COASTER STEP, CROSS, BALL-¼ TURN, CROSS (SYNCOPATED JAZZ BOX ¼ TURN)

- 1-2-3 Step forward right, kick left forward twice
4&5 Step back on left, step right next to left, step forward on left

6&7-8 Cross right over left, step back on ball of left (start preparing for ¼ turn right), make ¼ turn right stepping right to side, cross left over right (6:00)

RIGHT DIAGONAL STEP, HOLD, & STEP & STEP, LEFT DIAGONAL STEP, HOLD, & STEP & STEP

1-2 Step right forward on right angle, hold (palms down - arms out to sides)

&3&4 Step ball of left up behind right, small step right forward on right angle, repeat

5-6 Step left forward on left angle, hold (palms down - arms out to sides)

&7&8 Step ball of right up behind left, small step left forward on left angle, repeat

Weight ends left, facing 6:00
