

拍數: 52 牆數: 4 級數: Improver
 編舞者: Judith Campbell (NZ) - February 2008
 音樂: O.K. - Helena Paparizou



SIDE TOGETHER, TRIPLE, STEP, ROCK RECOVER, TRIPLE FULL TURN

1-2-3&4 Step right to right, step left next to right, triple step on spot right-left-right
 &5-6-7&8 Step left next to right, step/rock forward on right, recover back onto left, triple turn a full turn to right (right-left-right) (12:00)

SIDE TOGETHER, TRIPLE, STEP, ROCK RECOVER, TRIPLE FULL TURN

1-2-3&4 Step left to left, step right next to left, triple step on spot left-right-left
 &5-6-7&8 Step right next to left, step/rock forward on left, recover back onto right, triple turn a full turn to left (left-right-left) (12:00)

STRADDLE STEP, HOLD, CROSS SHUFFLE, STEP, ¼ TURN RIGHT STEP TOGETHER, SHUFFLE FORWARD

&1-2-3&4 Step right to right side, step left to left side, hold, shuffle right foot across in front of left, (right-left-right)
 5-6-7&8 Step left to left side, turning ¼ right step right next to left, shuffle forward on left foot (left-right-left) (3:00)

MAMBO FORWARD RIGHT & LEFT, TWO WALKS BACK, SHUFFLE WITH ½ TURN RIGHT

1&2-3&4 Step forward on right, step left in place, step right next to left, step forward on left, step right in place, step left next to right
 5-6-7&8 Walking back on right then left foot, turning ½ to right shuffle forward (right-left-right) (9:00)

STEP BACK SWEEP, SAILOR, STEP BACK SWEEP SAILOR

1-2-3&4 Step back on left foot, sweep right foot around to back, sailor step on right foot (behind side place)
 5-6-7&8 Step back on left foot, sweep right foot around to back, sailor step on right foot (behind side place)

KICK & TOUCH, CROSS SAMBA, KICK & TOUCH, CROSS SAMBA

1&2-3&4 Kick left foot forward, step left next to right, touch right foot out to right, cross right over left, step left to left, step right in place
 5&6-7&8 Kick left foot forward, step left next to right, touch right foot out to right, cross right over left, step left to left, step right in place

CROSS ½ TURN RIGHT, CROSS UNWIND ½ LEFT

1-2-3-4 Cross left foot over right, ½ turn to right, cross right foot over left and unwind to left (9:00)

Begin again.

RESTART: On walls 2 and 3, restart after count 32

TAGS:

At the end of wall 5, add 4 claps & then start dance at count 1
 On wall 6, after count 32, add a straddle and hold for 3 counts, then restart.

ENDING:

On wall 7, finish dance on sailor step. On count 36, do 1 clap, then step to front on left foot with another clap

