

We'll Be One

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
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音樂: One - Bee Gees



FULL TURN R, TOUCH L TOGETHER, L & R SAILOR STEPS

1,2,3,4 Full Turn To R Stepping RLR; Touch L Beside R
5 & 6 Swing L To Step Behind R, Recover on R, Step L To L Side
7 & 8 Swing R To Step Behind L, Recover on L, Step R To R Side

FULL TURN L, TOUCH R TOGETHER, R & L SAILOR STEPS

1,2,3,4 Full Turn To L Stepping LRL; Touch R Beside L
5 & 6 Swing R To Step Behind L, Recover on L, Step R To R Side
7 & 8 Swing L To Step Behind R, Recover on R, Step L to L Side

TWIST, TWIST, R COASTER STEP; TWIST, TWIST, L COASTER STEP

1,2 With R Toe Fwd, Twist Toes & Body ¼ Turn L (9 O'clock), Twist ¼ TR (12 O'clock)
3 & 4 Step Bk on R, Step L Beside R, Step Fwd R
5, 6 With L Toe Fwd, Twist Toes & Body ¼ Turn R (3 O'clock), Twist ¼ TL(12o'clock)
7 & 8 Step Bk on L, Step R Beside L, Step Fwd on L

PIVOT ½ TURN L, R SHUFF FWD; PIVOT ¼ TR (x 2)

1,2,3 & 4 R Step Fwd, Pivot ½ Turn L, Shuffle Fwd (RLR) (6 O'clock)
5,6,7,8 L Step Fwd, Pivot ¼ Turn R (Wt on R); L Step Fwd, Pivot ¼ TR (12 O'clock)

L OVER R CROSS STEPS BK, R KICK, R OVER L CROSS STEPS BK, L KICK

1&2&3,4 (Travelling Bk @ 45O R) Cross L over R, Recover R, Cross L O R, Recover R, Cross L O R,
Kick R Fwd
5&6&7,8 (Travelling Bk @ 45O L) Cross R over L, Recover L, Cross R O L, Recover L, Cross R O L,
Kick L Fwd

SYNCOPATED CROSS STEP, POINT R, TWIST TO R; R COASTER, ROCKS FWD, BACK

1&2,3,4 Cross L over R, R Recover, L Step Side, Point R Toe To R, Twist ¼Tr (9 'Clock)
5&6,7,8 R Step Bk, Step L Beside R, R Step Fwd; Rock Fwd L, Back on R

L FULL TURN, ROCK R,L, R SAILOR, HEEL & TAP

1&2,3,4 Triple Full Turn L Stepping LRL, Rock R Side, Rock L Side
5&6,7&8 Swing R To Step Behind L, Recover on L, R Step To Side; Tap L Heel Fwd Recover onto L,
Touch R Toe Back

R HEEL, HOOK, SHUFFLE FWD, ¼ TURN, CROSS SHUFFLE

1,2,3&4 Tap R Heel Fwd, Hook R Heel To L Shin, R Shuffle Fwd (RLR)
5,6,7&8 L Step Fwd, Pivot ¼ Turn R, Cross Shuffle Stepping L over R, Recover on R, Cross L over R
(6 O'clock)