

Hayride

拍數: 44 牆數: 4 級數: Intermediate
編舞者: Karen Grave (UK) - July 2007
音樂: Hayride - Trent Summer : (Album: Horseshoes and Hand Grenades)



(16 count intro), start on lyrics

HALF MONTEREY, SCUFF, STOMP, HEEL TWIST

1,2,3,4 Touch Right foot out to R, step Right next to Left as you pivot half turn to Right on ball of Left foot, touch Left out to L, step Left next to Right (facing 6 o'clock)
5,6,7,8 Scuff Right fwd, stomp Right down, twist both heels Right, center

CROSS STEP, BACK, STEP CROSS, BACK, SID ROCK, BACK ROCK

1,2,3,4 Cross Right over Left, step Left back at 45 degree angle L, step Right back at 45 degree angle R, cross Left over R
5,6,7,8 Rock Right to R, recover weight onto Left, Rock Right back, recover weight onto Left

STEP QUARTER, STEP HALF, FULL TURN WITH TOE, HEEL STEPS

1,2,3,4 Step fwd on Right and quarter turn to L, (facing 3 o'clock) step fwd on Right and half turn to L (facing 9 o'clock)
5,6,7,8 Stepping fwd , R toe, heel, L toe, heel, turn a full turn to R (still facing 9 o'clock)

SIDE ROCK, CROSS SHUFFLE, X 2

1,2,3&4 Rock Right to R, recover weight onto Left, cross Right over Left and shuffle RLR to L
5,6,7&8 Rock Left to L, recover weight onto Right, cross Left over Right and shuffle LRL to R
(RESTART)

ROCK FWD, QUARTER TURN, ROCK FWD, TOE, HALF TURN

1,2,3,4 Angle body 45 degrees to R, step fwd on Right, recover weight onto Left, step Right back turning a quarter turn to L on ball of Right, (straightening as you do so to face 6 o'clock) step fwd on Left
5,6,7,8 Rock fwd on Right, recover weight onto L, touch Right toe back, pivot half turn to R on Left foot, taking weight on Right (facing 12 o'clock)

QUARTER TURN RIGHT, STOMP DOWN, STOMP UP

1,2,3,4 Step fwd on Left, quarter turn to R taking weight on Right, stomp Left down, Stomp Right up.(facing 3 o'clock)

Begin again.

Tags are executed at the end of wall 3 and the end of wall 7
(Before starting dance on new wall)

1,2,3,4 Step Left to L, step Right across Left, step Left to L, kick Right across Left
5,6,7,8 Step Right to R, step Left across Right, step Left to L, Step Left next to Right.

Restart is executed on wall 8, steps 1 – 32 are danced then restart is performed.