

The Rain Came Down

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK) - March 2008
音樂: The Journey Continues (feat. Sarah Cracknell) - Mark Brown : (CD: Single)



(Note, this is the vocal radio edit. 3mins 43secs.)

Start time & BPM: Dance starts 64 counts in on main vocals, about 30 seconds.

Section 1: & HEEL BALL CROSS. 1/4 1/4 CROSS ROCK REPLACE CHASSE SIDE

- &1&2-3-4 Step slightly back towards R diagonal on R, dig L heel slightly fwd, step L next to R, cross R over L, make 1/4 turn R stepping back on L, make a further 1/4 turn R stepping R to R side. (6)
- 5-6-7&8 Cross rock L over R, replace weight on R, chasse L to L side.

Section 2: CROSS TOUCH BACK & HEEL BALL CROSS, SIDE TOUCH FWD & HEEL BALL CROSS

- 1-2&3&4 Cross R over L, tap L toe back behind R, step back on L, dig R heel fwd, step R next to L, cross L over R
- 5-6&7&8 Step R to R side, tap L toe fwd in front of R, step L next to R, dig R heel fwd, step R next to L, cross L over R.

Section 3: SIDE ROCK REPLACE TRIPLE FULL TURN, FWD ROCK REPLACE TRIPLE 3/4 TURN

- 1-2-3&4 Rock R out to R side, replace weight onto L, triple full turn R on the spot stepping R,L,R (option, coaster)
- 5-6-7&8 Rock fwd on L, replace weight onto R, triple 3/4 turn L on the spot stepping L,R,L (9)

Section 4: SIDE HOLD BALL SIDE DIG, BALL CROSS 1/4 TURN COASTER

- 1-2-&3-4 Big step R to R side, hold, step L next to R, small step R to R side, dig L heel fwd
- &5-6-7&8 Step L next to R, cross R over L, make 1/4 turn R stepping back on L, R coaster step (12)

Section 5: FWD MAMBO BACK MAMBO SKATE X4. REPEAT WITH A TOUCH.

- 1&2-3&4 Mambo step fwd on L, mambo step back on R
- 5-6-7-8 4 Skates fwd L,R,L,R

Section 6: REPEAT ABOVE BUT WITH A TOUCH!

- 1&2-3&4 Mambo step fwd on L, mambo step back on R
- 5-6-7-8 3 Skates fwd L,R,L, touch R next to L

Section 7: STEP SLIDE BALL CHANGE TOUCH. REPEAT TO LEFT

- 1-2-&3-4 Big step R to R side, slide L next to R, rock back on ball of L, recover weight to R, touch L next to R.
- 5-6-&7-8 Big step L to L side, slide R next to L, rock back on ball of R, recover weight to L, touch R next to L.

Section 8: 1/4 1/2 COASTER STEP. STEP HOLD BALL STEP TOUCH.

- 1-2-3&4 Making 1/4 turn R step fwd on R, on ball of R spin 1/2 turn R stepping back on L, R coaster step
- 5-6-&7-8 Step fwd on L, hold, step ball of R next to L, small step fwd on L, touch R next to L. (3)

Dance will end facing the front on count 5 of section 1, just hold!

End of! Luv T&V xx

Watch out for videos of our dances on our website.

