

# At The Beginning

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Geri Morrison (UK) - March 2008  
音樂: At the Beginning - Richard Marx & Donna Lewis



Count in: Start counting around 28 sec in, the dance starts on the first heavy beat,

## Section 1

**Step Forward, Rock Recover, Behind Side Cross 1/4 Turn, Rock Recover Hook, Cha cha**

- 1 Step Forward on Right,
- 2-3 Rock Forward On Left, Recover Weight on Right,
- 4&5 Cross Left Behind Right, Right To Right, Cross Left Over Right,
- 6-7 Make a 1/4 Turn Right, Rock Forward on Right Recover Weight on Left at Same Time Hook Right in front of Left
- 8&1 Small Shuffle Forward Right, Left, Right (Cha Cha) (3 o'clock)

## Section 2

**Pivot 1/2 Turn Right, Behind Turn Step, Pivot 1/2 Turn, Left Shuffle 1/2 Turn**

- 2-3 Step Forward on Left, Pivot 1/2 Turn Right,
- 4&5 Make 1/4 Turn Right On Left, Step Right behind Left, Make a 1/4 Turn Left Stepping Left Forward (9 o'clock)
- 6-7 Step Forward on Right, Pivot 1/2 Turn Left,
- 8&1 Shuffle 1/2 Turn Left Stepping Right, Left Right, (9 o'clock)

## Section 3

**Sway 1/4 Left, Rock Recover 1/2 Turn Right, 1/2 Turn Right, Step Forward, 1/4 Turn Rock & Cross**

- 2-3 Sway 1/4 Turn Left onto Left, Sway Right Taking Weight on Right, (6 o'clock)
- 4&5 Rock Back on Left, Recover Weight on Right, Make 1/2 Turn Right Stepping Back on Left,
- 6-7 Make 1/2 Turn Right Stepping Forward on Right, Step Forward on Left, (6 o'clock)
- 8&1 Rock Right Forward Make 1/4 Turn Left Recover Weight Left, Cross Right Over Left,

**(Easy Option for 4&5 6-7 )**

- 4&5-6-7 (Rock Back & Recover Step Forward on Left, Walk Right Then Left Forward)

## Section 4

**Sway Left, Sway Right, Chasse, Cross Unwind Full Turn, Rock Back, & Recover**

- 2-3 Sway Left, Sway Right,
  - 4&5 Chasse Left Stepping Left, Right, Left,
  - 6-7 Cross Right Over Left, Unwind a Full Turn Keeping Weight on Left Just Touching Right Next To Left,
  - 8& Rock Back on Right, Recover Weight on Left (3 o'clock)
- (Easy Option for 6-7)**
- 6-7 (Cross Right over Left, Step Back on Left)

Begin again.

## Choreographer's Note

There are 2 Easy Tags - Both 8 Counts

First Tag: At the End of 2nd Wall Facing 6 o'clock

Second Tag: At the End of 4th Wall Facing 12 o'clock

**Step Forward, Rock Recover Shuffle 1/2 Turn, Pivot 1/2 Turn, Step Forward &**

- 1 Step Forward on Right,
- 2-3 Rock Forward on Left, Recover Weight on Right,
- 4&5 Shuffle 1/2 Turn Left Stepping Left, Right, Left,

6-7

Step Forward on Right, Pivot 1/2 Turn Left,

8&

Step Forward on Right, Bring Left Next To Right

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