Flowers In Your Hair

級數: Intermediate

編舞者: Gordon Timms (UK) - February 2008

牆數:4

音樂: If You're Going To San Francisco - Scott McKenzie : (CD: Forrest Gump)



(8 Count intro)..start on the vocals.

拍數: 32

Two walks going forward, Right Forward Shuffle, Step left ½ turn right, Left Forward Shuffle.

- 1 2 Walk forward right, Walk Forward left.
- 3 & 4 Right Shuffle Forward (Shuffle right, left, right)
- 5 6 Step Forward Left and pivot turn ½ turn right weight ends on right
- 7 & 8 Left Shuffle Forward (Shuffle left, right, left) [Faces 6.00]

Half turn left, Half turn left, Kick Ball Step, Rock, Recover, Triple Half Turn Right.

1 - 2 Step right foot back making a ½ turn Left - Making another ½ turn left step left forward.

(If you don't want to do a 'full turn' you can do two walks instead?)

- 3 & 4 Right Kick Ball change step left next to right. (WOL)
- 5 6 Rock forward on the right, recover on to the left.
- 7 & 8 Execute a Half Turn right with a Triple Step.weight ends on the right. [Faces 12.00]

Step, Pivot ½ Turn Right, Left forward Shuffle, Pivot ¼ Turn Right, Right Crossing Shuffle

- 1 2 Step forward on the left and pivot Half Turn right.weight ends on the right.
- 3 & 4 Left Shuffle Forward (Shuffle left, right, left)
- 5 6 Step forward on the right, pivot turn ¼ turn left. (WOL)
- 7 & 8 Cross right over left, step left to left side, cross right over left. [Faces 3.00]

Hinge Turn, Left Forward Shuffle, Pivot Half Turn Left, Pivot Half Turn Left.

- 1 2 Stepping back on the left turn ¼ turn right, Turn ¼ turn right stepping forward on the right.
- 3 & 4 Left Forward Shuffle.L-R-L (Restart here on the 9.00 wall)
- 5 6 Step forward on the right, pivot half turn left. (3.00)
- 7 8 Step forward on the right, pivot half turn left.

(If you don't want to turn you can do a 'rocking chair step' instead?) [Faces 9.00]

Repeat

TAG: Danced at wall 2 facing the 6.00 and then walls 4 and 8 facing the 12.00 wall

- 1 2 Cross right over left, step back on left.
- 3 4 Step right to right side, step left next to right. Weight on left.

RESTART: On the 4th rotation you will start the dance on the 12.00 wall.Dance up to count 28 then simply restart the dance again.you will be facing 9.00 wall.

FINISH: You should finish the dance on the 'Cross Shuffle' facing the 12.00 wall.

END OF DANCE

Written for Linda Brooks - Yellow Rose Line Dancing. For her "FLOWER POWER" Themed weekend!