

Toe Jam

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maurice Rowe (USA) - February 2008
音樂: I'm A Be Alright - Robin Thicke



Intro: 32cts On lyrics

Or Music: The Beat Goes On by Madonna (No Restart Needed)
Missundaztood By Pink (No Restart Needed)

Kick Ball Step, Out in Cross, ¼ turn Drag Ball Cross, Side rock Cross

1&2 Kick Left foot to Right diagonal, Step Left in Place, Step onto Right
&3& Step Left slightly to Left, Step Right beside Right, Cross Left over Right
4,5&6 Make a ¼ turn Left stepping back on Right dragging Left heel into Right
(4,5), Step Left beside Right, Cross Right over Left
7&8 Rock Left to Left, Recover weight Right, Cross Left over Right (Facing 9 O'Clock)

Rock Recover, Behind Side ¼, Hold, Ball Step, Crossing Shuffle

1,2 Rock onto Right foot at Right side, Recover weight Left
3&4 Step Right behind Left, make a ¼ turn Left stepping Left to Left, Step Right to Right
5, &6 Hold, Step Left beside Right, Step Right to Right
7&8 Cross Left over Right, Step Right to Right, Cross left over Right (facing 6 O'Clock)

Back Side, Crossing Shuffle, Rock Recover, ¼ turn sailor

1,2 Step Back on Right, Step Left to side
3&4 Cross Right over Left, Step Left to Left, Cross Right over Left
5,6 Rock Left to Left, Recover weight to Right
7&8 Step Left behind Right, Make a ¼ turn Left stepping forward on Left, Step Right to Right side
(Facing 3 O'Clock)

Make 1 ¼ turns, Side Cross Side, ¼ turn, Step Drag, ¼ Rock

1,2 Make a ½ turn Right stepping Right forward, Continue same motion making another ½ turn
Right stepping Left back
3&4 Make a ¼ turn Right stepping Right to Right, Cross Left over Right, Step Right to Side (facing
6 O'clock)
5&6,7 Make a ¼ turn Right Stepping Left to Left, Slight Hitch of Right foot, Large step Right, Drag
Left to Right
&8 Make a ¼ turn Right Rocking onto ball of Left foot to Left side, Recover weight Right. (Facing
3 O'Clock)

Repeat and enjoy!

RESTART: On Wall 7. You will dance the first 16 counts and restart the dance. There is a slight modification on the last two counts of the 2nd set of 8. You will drop the "&" count.

7,8 Cross Left over Right, Step Right to Right side