

Be My Lover

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gerald Biggs (USA) - February 2008
音樂: Be My Lover - The Hit Crew : (CD: 90's Dance Party Music)



Note: start dance on the word "be"

SIDE SHUFFLE SIDE RT, HIP BUMPS, STEP TOGETHER, STEP TURN

1&2 Shuffle side RT, - R,L,R
3&4 Hip bumps, R,L,R
5-6 Step LT to side, Touch RT toe next to LT
7-8 Step forward RT, Pivot ¼ turn LT

WALK BACKWARDS, HEEL TOUCH, STEP TOGETHER, SIDE TOUCH, STEP TURN

1-2 Step back , R,L,
3-4 Step back RT, Touch LT heel forward
5-6 Step LT next to RT, Touch RT toe to side RT
7-8 Step RT forward, Pivot ¼ turn LT

WALK FORWARD, STEP, KICK LT FOOT FORWARD, WALK BACKWARDS, COASTER STEP

1-2 Walk forward, R,L,
3-4 Step forward RT, Kick LT foot forward
5-6 Step backwards, L,R,
7&8 Step back LT, Step RT next to LT, Step forward LT

STEP, TURN, ROCK RECOVER, COASTER STEP, HEEL TOUCH, REPLACE

1-2 Step RT forward, Pivot ¼ turn LT
3-4 Rock forward on RT, Recover back on LT
5&6 Step back on RT, Step LT next to RT, Step forward RT
7&8 Touch LT heel forward, Step LT next to RT, Raise RT heel while shifting weight LT (Keep RT toe next to LT foot)

Repeat
