

# Thriller

拍數: 0                      牆數: 1                      級數: Phrased Intermediate  
編舞者: Arne Stakkestad (BEL) & Jessica Stakkestad - February 2008  
音樂: Thriller - Michael Jackson



Info: after 48 counts, intro 32, A64, C48, A64, C48, A28, A64, C40, C48, A64, A64, A32, HAHA

## Intro: 32 counts

### Holds, head nods, arms up, holds

1-4                      Hold for 3 counts, nod head to right side  
5-8                      Hold for 3 counts, nod head to right side  
  
9-12                     Hold for 3 counts, nod head to right side  
13-16                   Arms up, hold for 3 counts (weight on Left)

### Wave arms and bump hips right 8x, wave arms and bump hips left 8x

17-24                   8 x hips and arms to right side (arms stay up)  
25-32                   8 x hips and arms to left side (arms stay up)

## Part A: 64 counts

### Sidestep and wave right arm with hip bumps

1-8                      Step Right to right side with Right arm up, and 8 x hips and Right arm to right side

### Jump together, walk, jump apart, jump together and bend forward, straighten up, clap

9-12                     jump together Left, Right, 3 steps forward Left, Right, Left  
13-14                   Jump open Right, Left, jump together Right, Left (bend forward, head down)  
15-16                   Straighten up arms up, clap above head (weight on left)

### Sidesteps, touch, sidesteps, beside with claps above head

17-18                   Sidestep Right, Left beside Right and clap above head  
19-20                   Sidestep Right, Left touch beside Right and clap above head  
21-22                   Sidestep Left, Right beside Left and clap above head  
23-24                   Sidestep Left, Right beside Left and clap above head

### Turn ¼ left, ½ right, "Thriller walk", ½ left, ½ right, Rarm in front of chest, fingers forward, Larm further forward, fingers forward

&25                      ¼ left with Left hitch, step Left forward, Larm in front of chest, fingers forward, Rarm further forward, fingers forward  
&26                      ½ right with Right hitch, step Right forward  
27-28                   Step forward Left, Right  
29-30                   Step forward Left, Right, Rarm in front of chest, fingers forward, Larm further forward, fingers forward  
&31                      ½ left with Left hitch, step Left forward, Larm in front of chest, fingers forward, Rarm further forward, fingers forward  
&32                      ½ right with Right hitch step Right forward

### Turn ½ left, "Thriller walk", ½ right, ½ left, ¼ left and sidestep and bow knees with hands on thighs, Rarm in front of chest, fingers forward, Larm further forward, fingers forward

&33&34                   ½ left with Left hitch, step Left forward, step Right forward  
35-36                   Step forward Left, Right  
37                        Step forward Left, Larm in front of chest, fingers forward, Rarm further forward, fingers forward

- &38            ½ right with Right hitch, step Right forward, Rarm in front of chest, fingers forward, Larm further forward, fingers forward
- &39-40        ½ left with Left hitch, step Left forward, ¼ left and sidestep right with bent knees, hands on thighs, weight on Left

**Diagonal steps with knees bowed and hands on thighs, hold and look back**

- 41-42        Step diagonally forward Right, Left (with bent knees, hands on thighs),
- 43-44        Step diagonally forward Right, hold and look left behind

**Diagonal steps with knees bowed and hands on thighs, jump ½ right with clap above head**

- 45-46        Step diagonally forward Left, Right
- 47-48        Step diagonally forward Left, jump ½ right with Right, Left and clap above head

**Diagonally forward with shimmy shoulders, step beside, hold and clap x 2**

- 49-50        Step diagonally forward Right, hold (shimmy shoulders)
- 51-52        Touch Left beside Right, hold and clap
- 53-54        Step diagonally forward Left, hold (shimmy shoulders)
- 55-56        Touch Right beside Left, hold and clap

**Rolling vine right, touch and clap above head, Rolling vine left, touch and clap above head**

- 57-58        ¼ right and Right forward, ½ right and Left back
- 59-60        ¼ right and sidestep Right, touch Left beside Right and clap above head
- 61-62        ¼ left and Left forward, ½ left and Right back
- 63-64        ¼ left and sidestep Left, touch Right beside Left and clap above head

**C chorus: 48 counts**

**Sidestep, hold, beside, hold, sidestep, hold, beside, hold with left arm forward and right arm backwards**

- 1-2        Sidestep Right, hold ( Leftarm forward and Rightarm backwards, shimmy shoulders, look forward)
- 3-4        Left beside Right, hold (Leftarm forward and Rightarm backwards, look forward)
- 5-6        Sidestep Right, hold ( Leftarm forward and Rightarm backwards, shimmy shoulders, look forward)
- 7-8        Left beside Right, hold (Leftarm forward and Rightarm backwards, look forward)

**Sidestep, beside, sidestep, touch, ½ right and sidestep, beside, sidestep, touch with swim movement**

- 9-10        Sidestep Right (hipbump) Left beside Right (arms forward and open, swim movement)
- 11-12       Sidestep Right (hipbump), Left touch beside Right (arms forward and open, swim movement)
- 13-14       ½ right Sidestep Left (hipbump) Right beside Left (arms forward and open, swim movement)
- 15-16       Sidestep Left (hipbump), Right touch beside Left (arms forward and open, swim movement)
- 17-32       repeat this 16 counts

**Jump ½ right and wave arms in front of chest and bump hips x 4**

- 33-36        jump ½ right and bump hips and wave arms right, left, right, left
- 37-40        jump ½ right and bump hips and wave arms right, left, right, left
- 41-44        jump ½ right and bump hips and wave arms right, left, right, left
- 45-48        jump ½ right and bump hips and wave arms right, left, right, left

**At A28: on count 28 ¼ left and sidestep Right (weight on Left)**

---