

Burn It Down

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tina Argyle (UK) - February 2008
音樂: Burning Down The House - Tom Jones & The Cardigans : (CD: Reload)



PRESS, BEHIND, SIDE, FORWARD, STEP, TOUCH, TRIPLE ½ TURN

1-2 Press right toe forward to right diagonal, push off right recovering onto left
3&4 Cross right behind left, step left to left side, step right forward
5-6 Step left forward, touch right toe behind left heel
7&8 Triple step ½ turn left, stepping - right, left, right

FORWARD MAMBO, BACK MAMBO, SIDE MAMBO CROSS, ½ TURN

1&2 Rock forward on left, rock back onto right, step left slightly back
3&4 Rock right back, rock forward onto left, step right slightly forward
5&6 Rock left to left side, rock back onto right, cross left over right
7-8 Make ¼ turn left stepping right back, make ¼ turn left stepping left to side

MODIFIED ¾ MONTEREY, MAMBO CROSS, SIDE, BEHIND, TOUCH, & TOUCH, ¼ TOUCH

1-2 Touch right to side, make ¾ turn right on ball of left stepping right beside left
3&4 Rock left to left side, rock back onto right, cross left over right
5&6 Step right to right side, cross left behind right, touch right toe to right side
&7 Step right beside left, touch left toe to left side
&8 Make ¼ turn left stepping onto left, touch right toe to right side

BRUSH, HITCH, CROSS (TWICE), FORWARD ROCK, ¾ TURN

1& Brush ball of right forward beside left, hitch right knee pointing toes to floor
2 Cross right over left stepping slightly forward to left diagonal
3& Brush ball of left forward beside right, hitch left knee pointing toes to floor
4 Cross left over right stepping slightly forward to right diagonal
5-6 Rock forward on right, recover onto left
7-8 Make ½ turn right stepping right forward, make ¼ turn right stepping left to side

REPEAT
