

Clumsy

COPPER **KNOB**
BY STEPHENETS

拍數: 0 牆數: 0 級數: Phrased Intermediate
編舞者: Roy Verdonk (NL), Wil Bos (NL) & José Miguel Belloque Vane (NL) - February 2008
音樂: Clumsy - Fergie : (CD: The Duchess)



Start on words 'round and round'

Sequence: ABB, ABB, A, B to end of dance

PART A

WALK FORWARD, 2 X PADDLE ¼ TURNS WITH HIP ROLLS, TWICE

- 1-2 Step forward on right, step forward on left
- 3 Touch right toe forward, paddle ¼ turn left rolling hips from left to right
- 4 Touch right toe forward, paddle ¼ turn left rolling hips from left to right
- 5-8 Repeat steps 1-4

TOE TOUCHES & STEPS WITH HIP BUMPS, HIP BUMPS - RIGHT, LEFT, RIGHT, LEFT

- 1& Touch right toe slightly forward, step forward onto right
- 2& Touch left toe slightly forward, step down onto left
- 3&4& Repeat steps 1& 2&

During struts bump hips or shimmy shoulders

- 5-6 Step right to right side bumping hips right, bump hips left
- 7-8 Bump hips right, bump hips left (weight ends on left)

During hip bumps, bend knees and swing hips down and up

PART B

WALK FORWARD, ROCK & CROSS, KICK CROSS SIDE, RIGHT ¼ TURN TOE SWIVEL, CLAP

- 1-2 Step forward on right, step forward on left
- 3&4 Rock right to right side, recover onto left, cross right over left (angle body slightly left)
- 5&6 Kick left to left diagonal, cross right over left (to face front), step right to right side
- 7&8 Swivel right toes right, swivel left toes to right making ¼ turn right, clap hands, (3:00)

COASTER STEP, LEFT SHUFFLE, STEP ½ PIVOT STEP, ¼ TURN RIGHT INTO HEEL SWIVELS

- 1&2 Step right back, step left beside right, step forward on right
- 3&4 Step forward left, step right beside left, step forward left
- 5&6 Step forward right, pivot ½ turn left bringing left beside right, step forward right
- &7 Make ¼ turn right, step left beside right swiveling heels to left
- &8 Swivel toes to left, swivel heels to left, (weight ends on left)

SAILOR STEP, MODIFIED SAILOR ½ TURN, COASTER STEP, STEPS FORWARD WITH KNEE POPS

- 1&2 Cross right behind left, step left to left side, step right in place
- 3& Cross left behind right making ¼ turn left, make ¼ turn left stepping right beside left
- 4 Step left big step to left side, (6:00)
- 5&6 Step right back, step left beside right, step forward on right
- 7& Step left forward popping right knee, step right forward popping left knee
- 8 Step left forward popping right knee

STEP ½ PIVOT STEP, LEFT SHUFFLE, STEP ½ PIVOT LEFT, FORWARD RIGHT, TOGETHER

- 1&2 Step forward right, pivot ½ turn left bringing left beside right, step forward right
- 3&4 Step forward left, step right beside left, step forward left
- 5-6 Step forward right, pivot ½ turn left
- 7-8 Step right big step forward, step left beside right, bending knees slightly clapping hands

REPEAT
