

Be My Girl

拍數: 32 牆數: 2 級數: Phrased Beginner
編舞者: Hanne Pitters (DK) & Birthe Tygesen (DK) - February 2008
音樂: Hey Baby - D.J. Otzi



A, B dance (B-Part every time you hear the chorus)
For fun this dance is very suitable as a contra-dance.
The Dance is B, B, A, B, B, A, A, B,B....until the end

A PART

Section 1: Vine right, touch, vine left, touch

1-4 step R to R side, step L behind R, step R to R side, touch L besides R
5-8 step L to L side, step R behind L, step L to L side, touch R besides L

Section 2: Hip bumps R,L, hop fwd, clap, hop back, clap, pivot turn

1-2 step R to R side bumping hips R , recover onto L bumping hips L
&3-4 hop fwd R,L, clap
&5-6 hop back R,L, clap
7-8 step fwd R, pivot ½ turn L (weight L)

Section 3: Diagonally fwd, touch, diagonally back, touch, slow heeljack

1-4 step diag fwd. R, touch L next to R, step diag. back L, touch R next to L
5-6 step diag.back onto R, touch L heel fwd. L diagonal
7-8 step L in place, touch R next to L

Section 4: Walk fwd R,L,R, kick/clap, walk back L,R,L, touch

1-4 walk fwd R,L,R, kick L fwd (clap)
5-8 walk back L,R,L, touch R next to L

B PART

Section 1: Vine right, touch, vine left, touch

1-4 step R to R side, step L behind R, step R to R side, touch L besides R
5-8 step L to L side, step R behind L, step L to L side, touch R besides L

Section 2: wave R,L, arms up, hold, arms down, hold, pivot turn

1-2 arms in the air waving R,L
3-6 arms up, hold, arms down, hold
7-8 step fwd R, pivot ½ turn L (weight onto L)

Section 3: diagonally fwd, touch, diagonally back, touch, slow heeljack

1-4 step diag fwd. R, touch L next to R, step diag. back L, touch R next to L
5-6 step diag.back onto R, touch L heel fwd. L diagonal
7-8 step L in place, touch R next to L

Section 4: walk fwd R,L,R, kick/clap, walk back L,R,L, touch

1-4 walk fwd R,L,R, kick L fwd (clap)
5-8 walk back L,R,L, touch R next to L