

Nonononono-Notso

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Nuttin No Go So - Sean Paul



MAKE ½ TURN WITH WEIGHT CHANGES, STEP, TOUCH, STEP, TOUCH

1 RF 1/8 turn left and step forward
& LF Recover weight
2 RF 1/8 turn left and step forward
& LF Recover weight
3 RF 1/8 turn left and step forward
& LF Recover weight
4 RF 1/8 turn left and step forward
& LF Recover weight
5 RF Step to right side
6 LF Touch next to RF
7 LF Step to left side
8 RF Touch next to LF

STEP, TOUCH, STEP, TOUCH, SIDE SHUFFLE, TOUCH, REPEAT TO THE LEFT

1 RF Step to right side
& LF Touch next to RF
2 LF Step to left side
& RF Touch next to LF
3 RF Step to right side
& LF Step next to RF
4 RF Step to right side
& LF Touch next to RF
5 LF Step to left side
& RF Touch next to LF
6 RF Step to right side
& LF Touch next to RF
7 LF Step to left side
& RF Step next to LF
8 LF Step to left side
& RF Touch next to LF

HEEL-HOOK COMBINATION, FLICK, HEEL, HOOK, STEP, ¼ TURN LEFT CLOSE, ROCK WITH BUTT PUSH 2X

1 RF Touch heel forward
& RF Hook RF in front of L.leg
2 RF Touch heel forward
& RF Flick RF to side
3 RF Touch heel forward
& RF Hook RF in front of L.leg
4 RF Step forward
& LF ¼ turn left and step next to RF
5 RF Step to right side, raise left toe up and push your butt slightly diagonal backwards
6 LF Recover weight
& RF Step next to LF
7 LF Step to left side, raise right toe up and push your butt slightly diagonal backwards

8 RF Recover weight

CLOSE, STEP, BODYROLL 2X, STEP, ¼ TURN WITH HOOK BEHIND, STEP, HOOK BEHIND 2X

& LF Step next to RF
1 RF Step to right side
2 Bounce and roll up from hip
& LF Step next to RF
3 RF Step to right side
4 Bounce and roll up from hip
5 RF Step forward
& LF ¼ turn left and hook behind R.knee
6 LF Step to left
& RF Hook behind L.knee
7 RF Step forward
& LF ¼ turn left and hook behind R.knee
8 LF Step to left
& RF Hook behind L.knee
