

# Run Around In Circles

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Dave Munro (UK) - February 2008  
音樂: Stay - Beulah : (Album: Songbird 08)



**Intro: Start on Lyrics ( the word 'Run')**

**Phrasing 48count, 40count, 48count, 40count, 48count, 48count, 8count (End facing 12:00)**

**Turn 1/2 Right Step-ball-step, L 1/2 turn Twinkle, R Cross Rock/recover, R Coaster.**

1&2      1/4 turn right step Right forward, 1/4 turn right step on ball of Left foot beside Right, Step Right to forward right diagonal.  
3&4      Step Left across Right, 1/4 turn Left step back Right, 1/4 turn left step Left forward.  
5-6      Rock on Right across Left, Recover back Left.  
7&8      Step Right back, Step Left beside Right, Step Right forward. (12:00)

**Make 1/4 turn (L Point) x 2, L Step, R Scissor-Cross, L rock, L rock (1/4turn), L Twinkle.**

1&      1/4 turn right point Left to left, recover on Right in place.  
2&      1/4 turn right point Left to left, recover on Right in place.  
3      Step Left forward.  
4&5      Step Right to right side, close Left beside Right, Step Right across Left.  
6&      Rock on Left to left, recover weight on to Right in place.  
7&      1/4 turn right rocking on Left to left, recover weight on to Right in place.  
8&1      Step Left across Right, Step Right beside Left, Short step Left to left side . (9:00)

**R 1/4 turn Twinkle, Rock 1/4 turn & Cross, R & L Sway, R Coaster.**

2&3      Step Right across Left, Step Left beside Right, 1/4 turn right step forward Right.  
4&5      1/4 turn right rocking Left to left, recover weight on Right in place, Step Left across Right.  
6-7      Step Right to right with a sway, Step Left to left with a sway.  
8&1      Step Right back, Step Left beside Right, Step Right forward. (3:00)

**L Mambo 1/2 turn, R Mambo 1/4 turn, L Forward Rock/recover, L Coaster, R Ball-Step.**

2&3      Rock forward on Left, 1/4 turn left step back Right, 1/4 turn left step Left forward.  
4&5      Rock forward on Right, 1/4 turn right step back Left, Step Right to right.  
6&      Rock forward on Left, Recover weight back on Right.  
7&8      Step Left back, Step Right beside Left, Step Left forward.  
&1      Step on ball of Right foot beside Left, Step Left forward. (12:00)

**R Cross Step, Rhumba Box L/B/R/F, L Cross hitch/step, Back/together/cross.**

2      Step Right across Left.  
3&4      Step Left to left, Step Right beside left, Step Left back.  
5&6      Step Right to right, Step Left beside Right, Step Right forward.  
&7      Hitch Left knee across Right, Step Left across Right.  
8&      Step Right back, Step Left beside Right.\*Restart from this point on walls 2 and 4.  
1      Step Right across Left. (12:00)

**Back/together/cross. R Point, R Cross, L Point, L Sailor 1/2 turn.**

2&3      Step Left back, Step Right beside Left, Step Left across Right.  
4-6      Point Right to right, Step Right across Left, Point Left to left.  
7&8      Step Left behind Right, 1/4 turn Left step Right in place, 1/4 turn left Step Left to left. (6:00)

**Restart from beginning.**

**\*Restart:- After 8&, at end of 5th section on walls 2 and 4.**

---