

Bleeding Love

拍數: 32 牆數: 4 級數: Improver
編舞者: Claire Ollivier (UK) & Emily Thomas (UK) - February 2008
音樂: Bleeding Love - Leona Lewis



Start dance when vocals start after "before you know it you're frozen..."

- 1-4 Left Weave
- 5 Cross right foot over left turning a quarter right
- 6 rock back on left
- 7 step back on right foot
- 8 rock forward on left foot

- 1 rock forward on right foot
- 2 rock back on left foot
- 3-4 two half turns over right shoulder starting with right foot
- 5 rock back on right foot
- 6 rock forward on left foot
- 7&8 triple step half turn over right shoulder (r-l-r)

- 1-2 rock out on left foot to left side and recover
- 3&4 left lock
- 5 step forward on right foot
- 6 hitch left foot
- 7-8 triple step on spot (l-r-l)

- 1-4 jack box quarter turn over right shoulder
- 5-8 jack box quarter turn over right shoulder again

ENG OF DANCE - repeat

TAG A - before dance begins; AFTER THIRD wall

- 1-4 shimmy to the right (and clap)
- 5-8 shimmy to the right again (and clap)

TAG B - at END of dance

- 1-4 shimmy to the right (and clap)
- 5-8 shimmy to the right again (and clap)

- 1-4 jack box quarter turn over right shoulder
- 5-8 jack box quarter turn over right shoulder again