

Cooties (U.K.)

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Mike Parkinson (WLS) - February 2008
音樂: Cooties - Aimée Allen : (Hairspray Soundtrack)



Start 00.11seconds - 16 Counts from the crackles!!

Walk Forward Right, Left, Right Side Mambo Forwards, Walk Forward Left Right, Left Side Mambo Forwards

- 1, 2, 3&4 Walk Forward Right, Left, Rock Right to Right Side, Rock Left to Side, Step Right Slightly Forward In Line With Left.
5, 6, 7&8 Walk Forward Left, Right, Rock Left to Left Side, Rock Right to Side Step, Step Left Slightly Forward In Line With Right.

Diagonal Back Slide Touch, Ball, Cross Step Cross X 2

- 1, 2, &3&4 Step Back Right Diagonal Right, Slide Left Together Touch Besides Right, Step On Left besides Right, Cross Step Right Over Left, Small Step Left To Left Side, Cross Step Right Over Left.
5, 6, &7&8 Step Back Left Diagonal Left, Slide Right Together Touch beside Left, Step On Right Besides Left, Cross Step Left Over Right, Small Step Right To Right Side, Cross Step Left Over Right.

Walk Right, Left, Right Kickball Change, Sway ¼ Turn, Behind Side Cross

- 1, 2, 3&4 Walk forward Right, Left, (Right Kickball Change) Kick Right Forward, Step Right Besides Left On Ball, Of Foot, Step Left Besides Right,
5, 6, 7&8 Sway to Right ¼ Turn Left , Sway to Left, Step Right Behind Left, Step to Left to Left Side, Cross Step Right Over Left.

Touch Left, Kick ¼ Turn Left, Coaster Step, Mashed Potatoes Back Right, Left Right, Left

- 1,2, 3&4 Touch Left Toe Left Side, Kick left ¼ Turn Left, (Left Coaster Step) Step Back On Left, Step Right Besides Left, Step Forward On Left.
5&6&7&8 Back Right Swivel Both Heels Out, Swivel Both Heels In, Back Left Swivel Both Heels Out, Swivels Both Heels In, Back Right Swivel Both Heels Out, Swivel Both Heels In, Back Left Swivel Both Heels Out, Swivels Both Heels In.

Diagonal Jump Touches Forward, Right Grapevine Touch Left Together.

- 1&2&3&4 Small Jump Right Diagonal Forward on Right, Touch Left Besides Right, Small Jump Left Diagonal Forward on Left, Touch Right Besides Left, Small Jump Right Diagonal Forward on Right, Touch Left Besides Right, Small Jump Left Diagonal Forward on Left Touch Right Besides Left,
5, 6, 7, 8 Step Right To Right Side, Cross Step Left Behind Right, Step Right To Right Side Touch Left Besides Right.

Grapevine Left ¼ Turn Left, Scuff, Step Pivot ½ Turn Left , Step Pivot ½ Turn Left

- 1, 2, 3, 4 Step Left To Left Side, Cross Step Left Behind Right, Step ¼ Turn Left On Left, Scuff Right Forward,
5, 6, 7, 8 Step Forward on Right, Pivot ½ Turn Left, Step Forward on Right, Pivot ½ Turn Left.

Begin Again !! **Substitute Funky Walks for Mashed Potatoes & Diagonal Jumps**