

Sunshine In The Rain

拍數: 64 牆數: 4 級數: Improver
編舞者: Mick Storey (UK) - February 2008
音樂: Sunshine In the Rain - BWO



(32 count intro)

CROSS ROCK, CHASSE ¼ RIGHT, ½ TURN, FORWARD SHUFFLE.

1 2 Cross rock right over left, recover on left.
3 & 4 Step right to right, close left to right, turn ¼ right onto right.
5 6 Step forward left, pivot ½ turn right.
7 & 8 Step forward on left, close right to left, step forward on left.

ROCK STEP, BACK LOCK STEPS X2, BACK ROCK.

1 2 Rock forward right, recover left.
3 & 4 Step back right, lock left over right, step back right.
5 & 6 Step back left, lock right over left, step back left.
7 8 Rock back on right, recover on left.

MAKE ¼ TURN, CROSS ROCK, SIDE ROCK, CROSS SHUFFLE.

1 2 Step forward onto right, Pivot ¼ turn left.
3 4 Cross rock right over left, recover onto left
5 6 Side rock onto right, recover onto left
7 & 8 Cross right over left, step left to left, cross right over left.

MAKE ½ TURN, CROSS ROCK, SIDE ROCK, CROSS SHUFFLE.

1 2 Make ¼ right stepping back left, make ¼ right stepping forward right.
3 4 Cross rock left over right, recover onto right.
5 6 Side rock onto left, recover onto right.
7 & 8 Cross left over right, step right to right, cross left over right.

SIDE ROCK ¼, ½ PIVOT TURNS X2, FORWARD MAMBO.

1 2 Side rock onto right, recover ¼ left onto left.
3 4 Step forward right, pivot ½ turn left.
5 6 Step forward right, pivot ½ turn left.
7 & 8 Step forward on right, step back on left, step together right

LEFT SAILOR STEP, RIGHT SAILOR ¼, PIVOT ½ TURN, FORWARD SHUFFLE.

1 & 2 Step left behind right, step right to right, step left to left.
3 & 4 Step right behind left, step left to left, turn ¼ right on right
5 6 Step forward left, pivot ½ turn right.
7 & 8 Step forward left, close right to left, step forward left.

FULL TURN, SIDE SWITCHES, HEEL SWITCHES, ¼ TURN.

1 2 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left.
3 & 4 & Point right to right side, close right to left, point left to left side, close left to right.
5 & 6 & Touch right heel forward, close right to left, touch left heel forward, close left to right.
7 8 Step forward onto right, pivot ¼ left.

CROSS SIDE, SAILOR STEP, CROSS SIDE, SAILOR STEP.

1 2 Cross right over left, step left to left.
3 & 4 Step right behind left, step left to left, step right to right.

5 6
7 & 8 S

Cross left over right, step right to right,
tep left behind right, step right to right, step left to left.
