

Fun Run

拍數: 64 牆數: 3 級數: Intermediate
編舞者: Chris Salter (UK) - February 2008
音樂: Too Much Fun - Daryle Singletary



Practice Track: Jace Everett – Bad Things [133 bpm] – no restarts needed with this track

Intro: 32 Counts [15 seconds in]

Section 1: Grapevine Right, Clap, Toe, Heel, Toe Heel

1 – 4 Step right to right side. Cross left behind right. Step right to right side. Hold and clap
5 – 6 Touch left toe beside right. Touch left heel beside right.
7 – 8 Touch left toe beside right. Touch left heel beside right [12:00]

Section 2: Grapevine Left, Left Chasse, Rock Back, Recover

1 – 4 Step left to left side. Cross right behind left. Step left to left side. Cross right over left
5 & 6 Step left to left side. Step right beside left. Step left to left side
7 – 8 Rock back on right. Recover on left (slightly facing right diagonal) [1:30]

Section 3: Rocking Chair, Step 1/2 Pivot Turn Left, Run, Run

1 – 2 Rock forward on right. Recover on left (still facing right diagonal)
3 – 4 Rock back on right. Recover on left (still facing diagonal)
5 – 6 Step forward on right. Pivot 1/2 turn left (now facing opposite diagonal)
7 – 8 Run forward right. Run forward left (still facing diagonal) [7:30]

Section 4: Side, Together, Forward, Clap. Side, Together, Forward, Clap

1 – 2 Step right to right side (straightening up). Step left beside right
3 – 4 Step right forward. Hold and clap
5 – 6 Step left to left side. Step right beside left
7 – 8 Step left forward. Hold and clap [6:00]

Section 5: Rocking Chair, Step 1/2 Pivot Turn Left, Run, Run

1 – 2 Rock forward on right. Recover on left
3 – 4 Rock back on right. Recover on left
5 – 6 Step forward on right. Pivot 1/2 turn left
7 – 8 Run forward right. Run forward left [12:00]

Section 6: Forward, Side, Flick, Side, Side, Forward, Side, Flick

1 – 2 Touch right toe forward. Touch right toe to right side
3 – 4 Flick right behind left leg. Touch right toe to right side
& 5 – 6 Step right beside left. Touch left toe to left side. Touch left toe forward
7 – 8 Touch left toe to left side. Flick left behind right leg [12:00]

Section 7: Slow Left Lock Step, Scuff, Jazz Box 1/4 Turn Right

1 – 2 Step left forward. Lock right behind left
3 – 4 Step left forward. Scuff right beside left
5 – 6 Cross right over left. Step left back
7 – 8 Turn 1/4 right, stepping right to right side. Step left beside right [3:00]

Section 8: Side Rock, Cross Shuffle, 1/2 Turn Right, Step, Kick

1 – 2 Rock right to right side. Recover on left
3 & 4 Cross right over left. Step left to left side. Cross right over left
5 – 6 Turn 1/4 right, stepping back on left. Turn 1/4 right, stepping right to right side

7 – 8

Step forward on left. Kick right [9:00]

Choreographer's Note – Restarts With Tags

There are two restarts with tags combined during this dance on walls 1 and 3.

Dance up to count 6 of section 6 (touch left toe forward) then do section 7 then start again from section 1. Due to these restarts / tags the walls you will be facing when dancing this dance are:

Wall 1 – 12:00, Wall 2 – 3:00, Wall 3 – 12:00, Wall 4 – 3:00, Wall 5 – 12:00, Wall 6 – 9:00
