

Ms. Kelly

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dave Munro (UK) - February 2008
音樂: Work (Freemasons Radio Edit) - Kelly Rowland : (CD single and CD album 'Ms. Kelly')



Dance repeats in a Clockwise direction.

Intro:- 32 Counts.

R Heel touch, L Toe touch, R Toe touch (Quarter turn), L Kick, Rock/recover, Shuffle Half turn.

1&2 Touch Right heel forward, Step Right beside Left, Touch Left toe beside Right.
&3& Quarter turn left stepping Left in place, Touch Right toe behind Left, Step Right back.
4&5 Kick Left forward, Step Left beside Right, Rock forward on Right.
6-7&8 Recover back on Left, Half turn right stepping Right Left Right. (3:00)

L Scissor (Quarter turn), R Step side, L Sailor (Half turn), R Step forward, L Twinkle.

1&2 Quarter turn right step Left to left, Close Right beside Left, Cross Left over Right.
3 Step Right to right side.
4&5 Step Left behind Right, Quarter turn left step Right in place, Quarter turn left Step Left forward.
6 Step Right forward.
7&8 Step Left across Right, Step Right beside Left, Step Left in place. (Angle body to 10:30)

R Cross step, L back/lock/back, R Step side, Walk L/R, L Toe touch, L Scissor cross.

1 Step Right across Left. (Body still angled)
2&3 Step Left back, Lock Right back across Left, Step Left back. (Body still angled)
4-6 Step Right to right (squaring up to 12:00), Walk forward Left/Right.
&7&8 Touch Left toe beside Right, Step Left to left, Slide right beside Left, Step Left across Right . (12:00)

R Rock/recover, Shuffle One & a Quarter turn *, L Cross rock/recover, L Coaster Step.

1-2 Rock Right forward, Recover back on Left.
3&4 One & a Quarter turn right stepping Right, Left, Right, (travel towards 6:00). (*optional, Quarter turn right)
5-6 Rock on Left across Right, Recover back on to Right.
7&8 Step Left back, Step Right beside Left, Step Left forward. (3:00)

Repeat from Start.