

Jungle Walk

拍數: 48 牆數: 2 級數: Improver
編舞者: Gerald Biggs (USA) - February 2008
音樂: Run Through The Jungle - Creedence Clearwater : (CD: Chronicle: 20 Greatest Hits, 24 Karat Gold Disc)



WALK FORWARD, TRIPLE STEP FORWARD, WALK FORWARD, TRIPLE STEP FORWARD

1-2 Walk forward, R,L,
3&4 Triple step forward, R,L,R
5-6 Walk forward, L,R,
7&8 Triple step forward, L,R,L

ROCK RECOVER, TRIPLE ½ TURN RT, ROCK RECOVER, TRIPLE ½ TURN LT

1-2 Rock forward on RT, Recover back on LT
3&4 Triple step ½ turn RT, R,L,R (6:00)
5-6 Rock forward on LT, Recover back on RT
7&8 Triple step ½ turn LT, L,R,L (12:00)

WEAVE RT, STEP RT OVER LT, TOE TOUCH, HEEL THRUST

1-2 Step RT. to side, Step LT. behind RT.
3-4 Step RT. to side, Step LT across RT
5-6 Step RT. to side, Step LT. next to RT.
7-8 Touch RT. Toe across LT. foot, Drop RT. Heel down

WEAVE LT, STEP LT OVER RT, TOE TOUCH, HEEL THRUST

1-2 Step LT. to side, Step RT. behind LT.
3-4 Step LT. to side, Step RT. across LT.
5-6 Step LT. to side, Step RT. next to LT.
7-8 Touch LT. toe across RT. Foot, Drop LT. heel down

MAKE ¼ TURN LT, JAZZ BOX

1-2 Touch RT toe forward, pivot 1/8 turn LT
3-4 Touch RT toe forward, pivot 1/8 turn LT (completing ¼ turn LT)
5-6 Step RT over LT, Step back LT
7-8 Step RT to side, Step LT next to RT

MAKE ¼ TURN LT, JAZZ BOX

1-2 Touch RT toe forward, pivot 1/8 turn LT
3-4 Touch RT toe forward, pivot 1/8 turn LT (completing ¼ turn LT)
5-6 Step RT over LT, Step back LT
7-8 Step RT to side, Step LT next to RT

Repeat
