

Can't Help It

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Coral Tucker (USA) - February 2008
音樂: Clumsy - Fergie : (CD: The Duchess)



LOCK STEP FORWARD, ¼ TURN LEFT, SIDE STEP, MAMBO STEP

1-2 Step left forward, cross right behind left
3-4 Step left forward, scuff right turning a ¼ turn left, lightly touching left toe
5-6 Step right to right side, step left next to right
7-8 Mambo in place; stepping left, right left

RIGHT VINE, SHUFFLE SIDE LEFT

1-4 Step right to right side, cross left behind, step right to right side
5-6 Step left to left side, step right next to left
7&8 Shuffle side, left, right, left

ROCK FORWARD, ¼ TURN RIGHT, STEP OUT LEFT, TOUCH TOE RIGHT WITH HEAD TURN

1-2 Step right foot forward, rock forward, recover on left
3-4 Step right to right side turning a ¼ to the right, touch left next to right
5-6 Step left toe out to left side, step right foot in place, step left next to right
7-8 Touch right toe out to right side, slide right foot back into center

WHILE STEPPING OUT, TURN HEAD TO THE RIGHT AND BACK TO CENTER ¼ TURN, HIP SHAKES, ¼ TURN, STEPPING UP AND FORWARD

1-2 Step right forward foot, pivoting to the left
3&4 Hip shakes, ending with weight on left
5-6 Step right forward foot, pivoting to the left
7-8 Step forward and up on left, bring right foot next to right, keeping weight on right

REPEAT
