

Can't Wait to Fly

COPPERKNOB
STEPSHEETS

拍數: 36 牆數: 2 級數: Upper Beginner
編舞者: Wanda Heldt (AUS) - February 2008
音樂: I'm Alive - Céline Dion



Or:

Amor De Hielo by Davis Civera

You Set my Heart On Fire by Helen Paprizou

(1) TOUCH, SWEEP, TRIPLE, TOUCH, SWEEP, 1/4 TURN LEFT, TRIPLE

1-2 Sweep Right Toe from front to Right side
3-4 Triple Right the Spot, R.L.R
5-6 Sweep Left Toe from front to left side with a 1/4 turn Left
7-8 Triple on the spot, L.R.L [9]

(2) SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

1 Slide Right foot forward at R45 angle
2 Slide Left foot forward at L45 angle
3&4 Shuffle forward stepping forward RightLeft Right
5 Slide Left foot forward at L45 angle
6 Slide Right foot forward at R45 angle
7&8 Shuffle forward stepping forward Left Right Left

It travels.. Take small steps

(3) ROCK FWD, BACK 1/2 TURN, SHUFFLE R.L.R, ROCK FWD BACK 1/4 TURN, SHUFFLE L.R.L.

1,2 Rock Right forward, Rock back on Left 1/2 turn Right
3&4 Shuffle fwd R L R [3]
5,6 Rock Left forward, Rock back on Right 1/4 turn Left
7&8 Shuffle fwd L R L [12]

(4) HIPS BUMPS FORWARD R. L. R. L

1&2 Step Right to Right Diagonal, Hip Bumps Right-Left-Right
3&4 Step Left to Left Diagonal, Hip Bumps Left-Right-Left
5-6 Rock Right forward, 1/2 turn Right as you Recover on Right
7&8 Shuffle fwd R L R

(5) SIDE, TOGETHER, SHUFFLE L.R.L

1-2 Step left to Left, Step Right next to Left,
3&4 Shuffle forward.L.R.L [6]

RESTART - Have FUN - No Matter What