

I Need Love

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Frida Axelsson (SWE) - February 2008
音樂: I Need Love - Jennifer Lopez : (CD: Brave, 2007)



(16 count intro)

Launch RF fwd, kick, coaster step, ¼ turn R, sway, sway, behind, side, cross

- 1 RF step forward
- 2 LF recover weight on - RF kick fwd
- 3 RF step back
- & LF step beside RF
- 4 RF step fwd
- 5 LF turn ¼ right, step left and sway
- 6 RF sway right
- 7 LF cross behind
- & RF step right
- 8 LF cross in front of LF

(More difficult option: on count 3&4 make a triple full turn right, on count 7 cross behind and unwind full turn left)

Wizard steps, ¼ turn R, knee pop, ½ turn L, knee pop, L lockstep fwd

- 1 RF step diagonally fwd
- 2 LF step behind RF
- & RF step diagonally fwd
- 3 LF step diagonally fwd
- 4 RF step behind LF
- & LF step diagonally fwd
- 5 RF turn ¼ right, pop knee
- 6 LF turn ½ left, pop knee, weight on RF
- 7 LF step fwd
- & RF lock behind LF
- 8 LF step fwd

(Option: on count 7&8 make a shuffle full turn left)

Mambo RF side, back, side, step back, shuffle ½ turn L, step R, drag LF, touch toe beside

- 1 RF rock right
- & LF recover
- 2 RF rock back
- & LF recover
- 3 RF rock right
- & LF recover
- 4 RF step back
- 5 LF step back, turn ¼ left
- & RF step beside LF
- 6 LF step left, turn ¼ left
- 7 RF step right
- 8 LF drag towards RF, touch beside

(Option: on count 5&6 turn 1 ½ left)

Pivot full turn R, R mambo back, L mambo fwd, coaster step

- 1 LF step fwd, turn ½ right

& RF step fwd
2 LF step fwd, turn ½ right
3 RF rock back
& LF recover
4 RF step beside LF
5 LF rock fwd
& RF recover
6 LF step beside RF
7 RF step back
& LF step beside RF
8 RF step fwd

(Option: on count 7&8 make a triple full turn right)

LF large step L, drag heel, steps L, tap RF twice, step R, L knee pop, ¼ turn L, kick LF fwd

1 LF step a large step left
2 RF drag heel next towards LF
& RF step beside LF
3 LF step left
& RF step beside LF
4 LF step left

Restart here on wall 2

5 RF tap
& RF tap right
6 RF step right
7 LF pop knee turning ¼ right
8 LF turn ½ left, kick (RF weight on)

Flick ½ turn L, step LF fwd, chasse R, sailor ¼ turn L, swivels

1 LF flick, turn ½ left
2 LF step fwd
3 RF step right
& LF step beside RF
4 RF step right
5 LF step back
& RF step beside LF
6 LF turn ¼ left, step fwd
7 RF swivel fwd
8 LF swivel fwd

(Option: on count 1 flick 1 ½ turn left)

Begin again.

Restart on wall 2 after 36 counts.
