

Hey, Hey, Maria

COPPERKNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Theresa Needham (UK) - February 2008
音樂: All-American Girl - Carrie Underwood : (CD: Carnival Ride)



Alternative, Hey, Hey, Maria. Brock Jones. CD Staying the course.

Intro: 24 counts, 124 BPM

STEP, CROSS POINT, SIDE POINT, CROSS POINT, CHASSE R ROCK RECOVER

1 – 2 – 3 – 4 Step L to L side, point R across L, point R to R side, point R across L
5 & 6 – 7 – 8 Step R to R side, step L beside R, step R to R side, rock L behind R, recover onto R

STEP, CROSS POINT, SIDE POINT, CROSS STEP, CHASSE ¼ R, ROCK RECOVER

1 – 2 – 3 – 4 Step L to L side, point R across L, point R to R side, step R across L
5 & 6 – 7 – 8 Step L to L side, step R next to L, ¼ turn R stepping back on L, rock back on R, recover onto L

CROSS POINT X 2, SWAY DIAG X 2,

1 – 2 – 3 – 4 Cross R over L, point L to L side, Cross L over R, point R to R side
5 – 6 – 7 – 8 Sway ontoR, turn body to L diagonal raising L heel, sway ontoL turn body to R diagonal raising R heel

SIDE ROCK, CROSS SHUFFLE, ½ R, SHUFFLE FORWARD

1 – 2 – 3 & 4 Rock R to R side, recover onto L, step R across L, step L to L side, step R across L
5 – 6 – 7 & 8 Make ½ turn R, stepping back on L stepping R to R side, shuffle forward L.R.L.

STEP PIVOT ¼ L X 2, JAZZBOX

1 – 2 – 3 – 4 Step forward on R, pivot ¼ turn L, step forward on R, pivot ¼ turn L
5 – 6 – 7 – 8 Cross R over L, step back on L, step R to R side, step forward on L

ROCK RECOVER SHUFFLE ½ R, ROCK RECOVER ¼ L STEP

1 – 2 – 3 & 4 Rock forward on R, recover onto L, shuffle ½ turn R
5 – 6 – 7 – 8 Rock forward on L, recover onto R, ¼ turn L stepping L to L side, step R to R side

Begin again.
