

拍數: 32 牆數: 2 級數: Improver
 編舞者: Krystin Johnson (NOR), Raymond Sarlemijn (NL) & Kelli Haugen (NOR) -
 January 2008
 音樂: You're the Only One - Keith Urban



The timing through out is SQQ, except counts 27-28, which are SS.

BASIC, SIDE ½ TURN, SIDE, CROSS, BASIC, ¼ TURN SWEEP, CROSS, SIDE

- 1-2& Step left foot side left, close right foot behind left foot, cross left foot over right foot
 3-4& Step right foot side right ½ turn left (6:00), step left foot side left, cross right foot over left foot
 5-6& Step left foot side left, close right foot behind left foot, cross left foot over right foot
 7-8& ¼ turn right step right foot forward, sweep left foot back to front (9:00), cross left foot over right foot, step right foot side right

BEHIND SWEEP, BEHIND, ¼ TURN STEP, STEP ½ TURN SWEEP, ROCK BACK, RECOVER, BASIC, STEP, CROSS, FULL TURN

- 9-10& Cross left foot behind right foot sweep right foot front to back, cross right foot behind left foot, ¼ turn left step left foot forward
 11-12& Step right foot forward ½ turn left and sweep left foot front to back (12:00), rock left foot back, right foot recover
 13-14& Step left foot side left, close right foot behind left foot, cross left foot over right foot
 15-16& Step right foot side right, cross left foot over right, full turn right on left foot (12:00)

SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, ¼ TURN STEP, STEP, ½ TURN, ½ TURN STEP BACK, COASTER STEP

- 17-18& Step right foot side right, rock left foot in front of right foot, recover to right foot
 19-20& Step left foot side left, rock right foot in front of left foot, recover to left foot
 21-22& ¼ turn right step right foot forward (3:00), step left foot forward, ½ turn right on right foot
 23-24& ½ turn right step left foot back (3:00), step right foot back, step left foot next to right foot

ROCK FORWARD, RECOVER, ¼ TURN SIDE, CROSS ½ TURN, BASIC, BASIC

- 25-26& Step right foot forward, rock left foot forward, recover to right foot
 27-28 ¼ turn left step left foot side left (12:00), cross right foot over left foot ½ turn left (6:00)
 29-30& Step left foot side left, close right foot behind left foot, cross left foot over right foot
 31-32& Step right foot side right, close left foot behind right foot, cross right foot over left foot

Begin again.