

# My Everything

COPPERKNOB  
STEPSHETS

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Micaela Svensson Erlandsson (SWE) - January 2008  
音樂: My Everything - Jennifer Brown



Also:

When I Need You by Leo Sayer (110 bpm)

Ta mig till havet, by Peter Lundblad (101 bpm)

Intro: 24 counts.

**Long step left, Slide right, Long step right, Slide left**

1-3                      Long step to left, slide right to left (over 2 counts) weight stays on left

4-6                      Long step to right, slide left to right (over 2 counts) weight stays on right

**Turn  $\frac{3}{4}$  right, Step R back, L together R forward**

7-9                      Step  $\frac{3}{4}$  turn right, stepping - left, right, left.

10-12                      Step back on right, step left beside right, step right forward.

**Step, turn  $\frac{3}{4}$  right, Sweep back, unwind (turn)  $\frac{1}{2}$  right**

13-15                      Left step forward into  $\frac{3}{4}$  spiral lock right turn (14-15).

16-18                      Sweep R out from front to back, Step back on R behind L. Unwind (turn)  $\frac{1}{2}$  right.

**Cross, step, turn  $\frac{1}{4}$  left, Cross, side step, turn  $\frac{1}{2}$  left**

19-21                      Cross left over right. Step back on right. Step left  $\frac{1}{4}$  turn left.

22-24                      Cross R over L, Step L to L turn  $\frac{1}{2}$  L, step R to R.

Tags here, wall 2 and 5

**Left Twinkle, Cross, turn  $\frac{1}{4}$  Right, turn  $\frac{1}{4}$  Right**

25-27                      Turning slightly R step L across R, side step R, turning slightly L step in place L

28-30                      Cross R over L, turn  $\frac{1}{4}$  R stepping back on L, turn  $\frac{1}{4}$  R putting R, to R.

Restart here on wall 7

**Crossover steps with knee hitches**

31-33                      Left crossover; hold; hitch right knee sharply upwards

34-36                      Right crossover; hold; hitch left knee sharply upwards

**Crossover step with knee hitch, rock step, turn  $\frac{1}{2}$  R**

37-39                      Left crossover; hold; hitch right knee sharply upwards

40-42                      Rock forward on R, Recover weight on L, turn  $\frac{1}{2}$  R stepping forward on R.

**Stride forward on L, Drag, Hook R, Stride back on L, Drag, Hook L**

43-45                      Stride forward on left, drag right along, Hook right knee up.

46-48                      Stride back on right, drag left along, Hook left knee up.

Begin again.

Tag: \*Only for My Everything The Tags are On wall 2 and 5.

**Cross, Hold, side step.**

1-3                      Cross left over right, Hold step right to right.

Dance the first 24 counts, do the tag, then continue from step 25 \*

Restart On wall 7

Dance until count 30, then Restart\*

Dedicated to Paulo Pereira, with all my love.

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